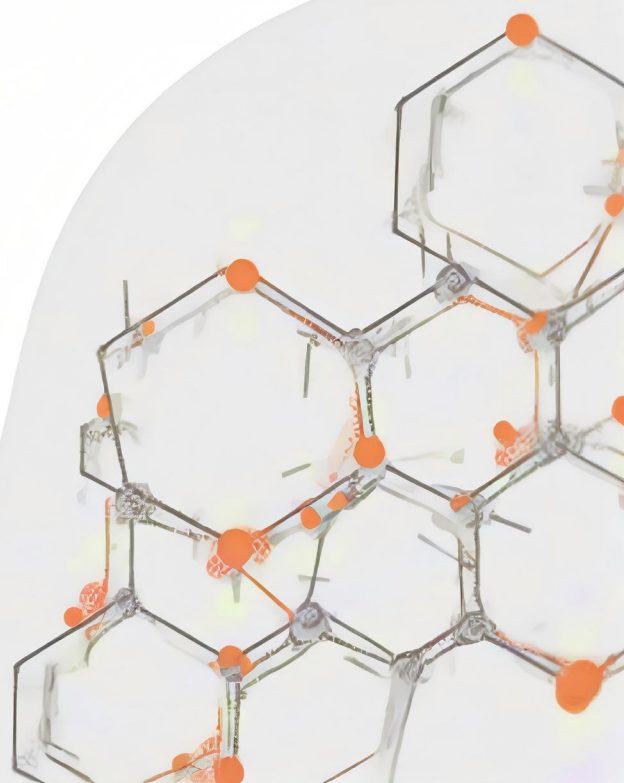


Life Studies



ISSN: 3067-0063

<https://ls.cscholar.com>

Life Studies

Volume 1, Issue 4, 2025

Quarterly (Issue No. 4)

Editor-in-chief: Wan Xing

Associate Editor: Lei Chuan

Editor: Dr. Hong Chang Dr. Li Jia Dr. Xiqi Li Dr. Caixia Liu Dr. Hui Shen

Dr. Haiyang Zeng Dr. Yatin Talwar

Cover Design: ConnectSix Scholar Publishing INC

Publishing Unit: ConnectSix Scholar Publishing INC

Publisher's website: <http://www.cscholar.com/>

Publisher's address:

6547 N Academy Blvd #2265

Colorado Springs CO 80918

US

Website of the journal *Life Studies*:

<https://ls.cscholar.com/>

(The content of this journal may not be reproduced without permission.)

Table of contents

Reconstructing the Knowledge System and Research Paradigm of Medical Humanities from the Perspective of the Education–Technology–Talent Integration	Li Jia	1-10
The Historical Logic of the Development of Medical Humanities in China and Its Implications for Integrated Talent Strategies	Lei Chuan	11-20
Institutional Pathways for Integrating Medical Humanities into Medical Talent Cultivation under the Education–Technology–Talent Integration Framework	Yangyi Li	21-31
Ethical Risks in Medical Artificial Intelligence and the Normative Function of Medical Humanities: A Study of AI and Emerging Medical Technologies	Liwei Liu	32-43
The Role of Medical Humanities Talent in the Modernization of Public Health Governance	Guanhua Liu	44-52
A Medical Humanities Literacy–Oriented Holistic Formation Model for Medical Students: A Theoretical Study	Mengmeng Zhang	53-64

Reconstructing the Knowledge System and Research Paradigm of Medical Humanities from the Perspective of the Education–Technology–Talent Integration

Li Jia ^{1,*}

¹ Guangdong Medical University, Dongguan 523808, China

*** Correspondence:**

Li Jia

jjiali@gdmu.edu.cn

Received: 9 December 2025 /Accepted: 26 December 2025 /Published online: 31 December 2025

Abstract

In recent years, the strategic integration of education, science and technology, and talent development has emerged as a central policy framework shaping knowledge production and disciplinary reconfiguration in many countries, particularly in the context of health and life sciences. Against this backdrop, medical humanities as an interdisciplinary field faces both unprecedented opportunities and structural challenges. While existing studies have extensively explored educational practices, ethical dilemmas of emerging medical technologies, and professional cultivation, relatively little attention has been paid to the internal theoretical coherence and methodological foundations of medical humanities itself. This paper argues that the sustainable development of medical humanities under the education – technology – talent integration framework requires a systematic reconstruction of its knowledge system and research paradigm. By situating medical humanities within the broader transformation of modern knowledge regimes, this study examines its epistemological foundations, conceptual boundaries, and methodological orientations. It proposes a theoretically integrated knowledge structure and a plural yet coherent research paradigm aimed at strengthening the disciplinary autonomy and academic legitimacy of medical humanities. In doing so, the paper seeks to contribute to the long-term theoretical consolidation of medical humanities as a core component of contemporary health-related scholarship.

Keywords: Medical Humanities; Education – Technology – Talent Integration; Knowledge System; Interdisciplinary Studies

1. Introduction

The accelerated transformation of contemporary societies driven by scientific innovation, technological advancement, and global competition for talent has profoundly reshaped the organization of knowledge and the structure of academic disciplines. In this context, the

integration of education, science and technology, and talent development has become a dominant strategic framework guiding higher education reform and research policy. Rather than treating education, technology, and talent as isolated domains, this integrated approach emphasizes their systemic interdependence in fostering sustainable innovation and human development. For disciplines situated at the intersection of science, society, and human values, this transformation raises fundamental questions concerning disciplinary identity, epistemological orientation, and methodological coherence.

Medical humanities, as an interdisciplinary field concerned with the humanistic dimensions of medicine, health, and illness, is particularly affected by these changes (Charon, 2006; Engel, 1977). Since its emergence in the mid-twentieth century, medical humanities has sought to bridge biomedical knowledge with insights from philosophy, history, literature, sociology, and anthropology. Its core mission has been to illuminate the moral, cultural, and experiential aspects of medicine that cannot be fully captured by scientific rationality alone. However, as medical science becomes increasingly technologized and specialized, and as talent cultivation in medicine is increasingly aligned with innovation-driven agendas, medical humanities faces the risk of marginalization or instrumentalization. Existing scholarship on medical humanities has largely concentrated on applied domains, such as medical education reform, clinical ethics, narrative medicine, and patient-centered care (Foucault, 1973; Gadamer, 1996; Evans et al., 2016). While these studies have made significant contributions, they often presuppose the legitimacy of medical humanities without systematically examining its internal theoretical structure. As a result, medical humanities is sometimes perceived as an auxiliary or supplementary field rather than a discipline with its own epistemological integrity. This perception is further reinforced when medical humanities is narrowly framed as a tool for improving communication skills or mitigating ethical risks associated with technology, rather than as a knowledge system with independent theoretical value.

This paper contends that under the education–technology–talent integration framework, the long-term vitality of medical humanities depends on its capacity to articulate a coherent knowledge system and a robust research paradigm. Rather than responding reactively to external demands, medical humanities must clarify its foundational concepts, theoretical commitments, and methodological principles. Such clarification is essential not only for academic self-reflection but also for meaningful dialogue with medicine, science and technology studies, and the broader humanities and social sciences. Accordingly, this study focuses on the internal theoretical and methodological reconstruction of medical humanities. It does not address specific educational practices, policy implementation, or ethical case studies. Instead, it seeks to answer three interrelated questions: What constitutes the core knowledge structure of medical humanities? How can its interdisciplinary nature be theoretically integrated rather than merely juxtaposed? And what kind of research paradigm can accommodate methodological plurality while maintaining disciplinary coherence? By addressing these questions, the paper aims to contribute to a more stable and theoretically grounded understanding of medical humanities within contemporary knowledge systems.

2. Theoretical Context: Education–Technology–Talent Integration and Knowledge Transformation

The integration of education, technology, and talent reflects a broader shift in how modern societies conceptualize knowledge production and human development. Traditionally, education was primarily understood as a mechanism for transmitting established knowledge, technology as the application of scientific discoveries, and talent as an individual attribute cultivated through formal training. In contrast, the integrated framework emphasizes dynamic interaction among these domains, recognizing that education shapes technological innovation, technology transforms educational processes, and talent functions as both a product and a driver of systemic development (Kleinman, 1988; Turner, 1995). From a knowledge-theoretical perspective, this integration signals a transition from linear models of knowledge production to more complex, networked structures. Disciplines are no longer self-contained units but nodes within broader epistemic ecosystems. Interdisciplinarity, transdisciplinarity, and problem-oriented research have become increasingly prominent, challenging traditional disciplinary boundaries. While this transformation creates opportunities for intellectual exchange, it also raises concerns about the fragmentation and instrumentalization of knowledge, particularly in fields that emphasize normative and interpretive inquiry.

Medical humanities occupies a distinctive position within this evolving landscape. On the one hand, it is inherently interdisciplinary, drawing on diverse humanistic and social scientific traditions. On the other hand, it is closely connected to medicine, a field deeply embedded in technological innovation and talent-driven performance metrics (Kuhn, 1962; Macnaughton, 2011). This dual positioning makes medical humanities both relevant and vulnerable within the education–technology–talent integration framework. Without a clearly articulated knowledge system, it risks being subsumed under dominant scientific paradigms or reduced to a set of soft skills supporting biomedical training. Theoretical debates on disciplinarity provide useful insights into this challenge. Scholars such as Thomas Kuhn have emphasized the role of paradigms in organizing scientific knowledge, while later thinkers have highlighted the socially constructed nature of disciplines. In the humanities, knowledge is often characterized by interpretive plurality rather than paradigm consensus. However, plurality does not imply the absence of structure. Even within diverse traditions, shared questions, conceptual frameworks, and methodological norms contribute to a field's coherence.

Applying these insights to medical humanities suggests that its development should not be measured by its conformity to scientific paradigms, but by its ability to articulate a reflexive and integrative knowledge framework. Such a framework must accommodate multiple modes of inquiry while maintaining a clear orientation toward the human dimensions of medicine. Importantly, this theoretical task is not merely academic; it shapes how medical humanities positions itself within integrated systems of education, technology, and talent development.

Under the education–technology–talent integration perspective, knowledge is increasingly evaluated in terms of relevance, innovation potential, and contribution to human capital formation. While these criteria may seem at odds with humanistic inquiry, they also underscore the need for medical humanities to clarify its distinctive contributions. By foregrounding critical reflection,

normative analysis, and interpretive understanding, medical humanities can offer insights that complement technological rationality rather than competing with it.

This theoretical context thus sets the stage for reconstructing the knowledge system of medical humanities. Such reconstruction requires moving beyond ad hoc interdisciplinarity toward a more systematic articulation of epistemological foundations, core domains, and methodological orientations. The following sections will build on this context to examine how medical humanities can develop a coherent knowledge structure and a viable research paradigm within contemporary integrated knowledge regimes.

2. The Knowledge System of Medical Humanities: Core Domains and Internal Structure

The construction of a coherent knowledge system is a fundamental prerequisite for the disciplinary consolidation of medical humanities. While interdisciplinarity has long been recognized as the defining characteristic of medical humanities, excessive emphasis on openness and diversity has sometimes obscured the internal structure of the field (Bloor, 1991; Pickersgill et al., 2011). As a result, medical humanities is often described as a loose aggregation of perspectives rather than a systematically organized body of knowledge. In the context of education–technology–talent integration, where disciplines are increasingly assessed in terms of epistemic clarity and intellectual contribution, such structural ambiguity poses a significant challenge. To address this issue, it is necessary to reconceptualize medical humanities not merely as an intersection of medicine and the humanities, but as an integrated knowledge system organized around a distinct set of epistemological concerns. At its core, medical humanities is oriented toward understanding medicine as a human practice embedded in cultural, historical, social, and moral contexts. This orientation provides the unifying principle that binds its diverse components into a coherent whole.

2.1. Epistemological Foundations: Medicine as a Human Practice

The epistemological foundation of medical humanities lies in its recognition of medicine as both a scientific and a humanistic enterprise. While biomedicine prioritizes causal explanation, empirical verification, and technical intervention, medical humanities foregrounds meaning, interpretation, and value. These modes of knowledge are not mutually exclusive, but they operate according to different epistemic logics. Medical humanities does not seek to replace scientific explanation; rather, it interrogates the assumptions, implications, and lived consequences of medical knowledge and practice. This epistemological stance aligns medical humanities with interpretive and critical traditions in the humanities and social sciences. Knowledge in this context is not solely concerned with prediction or control, but with understanding human experience in conditions of illness, vulnerability, and care. Such understanding requires attention to narratives, symbols, moral reasoning, and social structures. By grounding itself in this epistemological orientation, medical humanities establishes a stable foundation upon which its diverse subfields can be meaningfully integrated.

2.2. Core Knowledge Domains of Medical Humanities

Within this epistemological framework, the knowledge system of medical humanities can be analytically organized into several interrelated core domains. These domains are not rigid compartments, but conceptual clusters that reflect recurring questions and modes of inquiry.

The first domain concerns the historical and cultural dimensions of medicine. This includes the study of how medical knowledge, institutions, and practices have evolved over time and across societies (Snow, 1959). By examining medicine as a historically situated activity, this domain highlights the contingency of medical norms and challenges assumptions of inevitability or neutrality. It provides critical insight into how social values, power relations, and cultural meanings shape medical practice.

The second domain focuses on the philosophical and conceptual analysis of medicine. This includes inquiries into the nature of health and disease, the goals of medicine, concepts of personhood, and the limits of medical intervention. Such analysis clarifies the conceptual foundations of medical reasoning and exposes implicit value judgments embedded in clinical and research practices. Philosophy in medical humanities thus serves a foundational role, articulating the normative and ontological assumptions that underlie medical decision-making.

The third domain addresses the experiential and narrative dimensions of illness and care. Drawing on literature, narrative theory, and qualitative social research, this domain explores how individuals and communities experience illness, suffering, and healing. Narratives are treated not merely as illustrative anecdotes, but as epistemic resources that reveal dimensions of medical reality inaccessible to quantitative measures. This domain reinforces the human-centered orientation of medical humanities by foregrounding subjectivity and meaning.

The fourth domain examines the social and institutional contexts of medicine. This includes sociological and anthropological analyses of medical professions, healthcare systems, and patient–practitioner relationships. By situating medicine within broader social structures, this domain illuminates how economic conditions, institutional norms, and social inequalities shape health outcomes and medical practices. It also underscores the collective dimensions of medicine beyond individual encounters.

Together, these domains constitute the core knowledge structure of medical humanities. Their integration is not achieved through simple aggregation, but through their shared focus on medicine as a human, value-laden, and socially embedded practice.

2.3. Internal Coherence and Theoretical Integration

A central challenge in constructing the knowledge system of medical humanities lies in maintaining internal coherence amid methodological and theoretical diversity. Unlike disciplines governed by a single dominant paradigm, medical humanities accommodates multiple theoretical traditions, including hermeneutics, phenomenology, critical theory, and social constructivism. The absence of a unifying paradigm, however, does not imply theoretical fragmentation.

Internal coherence is achieved through what may be described as problem-centered integration. Rather than organizing knowledge around methods or disciplinary origins, medical humanities is

structured around enduring questions: What does it mean to be ill? How should medicine relate to human values? How do social and cultural contexts shape medical knowledge? These questions provide a stable reference point that allows diverse approaches to coexist and interact productively.

From this perspective, interdisciplinarity in medical humanities is not merely additive but integrative. Theoretical integration occurs when insights from different domains mutually inform one another, generating more comprehensive understandings of medical phenomena. For example, historical analysis can enrich philosophical reflection, while narrative inquiry can complement sociological explanation. Such integration strengthens the intellectual integrity of medical humanities and distinguishes it from loosely connected multidisciplinary studies.

2.4. Positioning Medical Humanities within Integrated Knowledge Regimes

Within the education–technology–talent integration framework, disciplines are increasingly expected to articulate their distinctive epistemic contributions. For medical humanities, this requires a clear articulation of its knowledge system as an indispensable component of health-related scholarship. Its value does not lie in providing technical solutions or instrumental outcomes, but in offering critical, interpretive, and normative perspectives that deepen understanding of medicine’s human significance.

By systematically organizing its knowledge domains and clarifying their interrelations, medical humanities can assert its disciplinary autonomy while remaining open to dialogue with medicine and technology. Such positioning enables medical humanities to participate meaningfully in integrated knowledge regimes without sacrificing its humanistic orientation. It also provides a conceptual foundation for developing a coherent research paradigm, which will be examined in the next part of this paper.

3. Research Paradigm of Medical Humanities: Methodological Pluralism and Disciplinary Coherence

While the construction of a coherent knowledge system establishes the conceptual foundation of medical humanities, the sustainability of the field ultimately depends on the development of a viable research paradigm. In academic discourse, a research paradigm does not merely refer to a set of methods, but to a shared understanding of legitimate research questions, acceptable forms of evidence, and standards of interpretation. For medical humanities, articulating such a paradigm is particularly challenging due to its interdisciplinary composition and its reliance on diverse epistemological traditions. Rather than aspiring to paradigm uniformity in the sense described by the natural sciences, medical humanities operates within a framework of methodological pluralism guided by shared intellectual commitments. This section argues that the research paradigm of medical humanities can be understood as a reflexive, interpretive, and critically oriented mode of inquiry, one that accommodates diverse methods while maintaining disciplinary coherence through common epistemic principles.

3.1. Beyond Method Aggregation: Defining a Humanistic Research Paradigm

A frequent misunderstanding in discussions of medical humanities is the tendency to equate interdisciplinarity with methodological eclecticism. When methods from philosophy, history, literary studies, and social sciences are applied to medical topics without a unifying framework, research risks becoming fragmented and conceptually incoherent. The research paradigm of medical humanities must therefore be defined not by the accumulation of methods, but by a shared orientation toward the human dimensions of medicine.

At the core of this paradigm is a commitment to interpretive understanding. Medical humanities prioritizes questions of meaning, value, and experience over causal explanation alone. This does not preclude empirical inquiry, but it situates empirical findings within broader interpretive and normative contexts. Research in medical humanities thus seeks to elucidate how medical knowledge and practices are understood, experienced, and evaluated by individuals and societies.

This interpretive orientation distinguishes medical humanities from applied biomedical research and from purely descriptive social science. It affirms that understanding medicine requires engagement with symbolic, moral, and narrative dimensions that cannot be reduced to quantitative metrics. As such, the research paradigm of medical humanities is fundamentally humanistic, even when it employs social scientific tools.

3.2. Methodological Pluralism and Epistemic Accountability

Methodological pluralism is both a strength and a potential vulnerability of medical humanities. On the one hand, it enables the field to address complex phenomena from multiple perspectives. On the other hand, without clear standards of epistemic accountability, pluralism may be perceived as a lack of rigor. To counter this perception, medical humanities must articulate criteria for methodological validity that are appropriate to its epistemological commitments.

Epistemic accountability in medical humanities does not rest on replicability or statistical generalization alone. Instead, it emphasizes coherence, transparency, and reflexivity. Researchers are expected to clearly articulate their theoretical assumptions, justify their methodological choices, and critically reflect on their positionality. Whether employing textual analysis, historical interpretation, qualitative interviews, or conceptual argumentation, scholars must demonstrate how their methods contribute to a deeper understanding of the human aspects of medicine.

Importantly, methodological pluralism does not imply methodological relativism. While different methods yield different kinds of insights, they are subject to disciplinary norms regarding evidence, argumentation, and scholarly dialogue. Peer critique, theoretical engagement, and reasoned justification serve as key mechanisms for maintaining academic rigor within the field.

3.3. Reflexivity as a Central Methodological Principle

Reflexivity occupies a central position in the research paradigm of medical humanities. Given its engagement with values, norms, and social contexts, medical humanities cannot adopt a stance of detached objectivity. Instead, it recognizes that researchers are situated within cultural and

institutional frameworks that shape their perspectives. Reflexivity entails ongoing critical examination of these influences and their implications for research interpretation.

This reflexive orientation extends to the field's relationship with medicine itself. Medical humanities does not merely analyze medicine from an external vantage point; it engages with medical knowledge while simultaneously questioning its assumptions and consequences. Such reflexivity enables medical humanities to function as a space of critical dialogue, fostering intellectual openness without relinquishing analytical rigor.

Reflexivity also reinforces the ethical responsibility of scholarship. While this paper does not address applied ethics, it acknowledges that research in medical humanities inevitably intersects with moral concerns. Reflexive awareness helps ensure that such intersections are handled with conceptual clarity and respect for complexity, rather than through prescriptive or instrumental reasoning.

3.4. Integrative Dialogue and Knowledge Translation

Another defining feature of the medical humanities research paradigm is its emphasis on integrative dialogue. Research in this field is not confined to internal academic debate; it is oriented toward ongoing exchange with medicine, social sciences, and broader humanistic scholarship. This dialogical orientation enhances the relevance of medical humanities while preserving its interpretive autonomy.

Knowledge translation in medical humanities differs from the application-driven models common in technology-oriented research. Instead of producing direct interventions, medical humanities contributes by reframing problems, challenging assumptions, and enriching conceptual understanding. This form of contribution is particularly valuable in integrated knowledge regimes, where complex societal challenges require more than technical solutions.

By articulating its research paradigm in these terms, medical humanities can position itself as a discipline that complements scientific and technological inquiry without subordinating itself to instrumental imperatives. Methodological pluralism, when grounded in shared epistemic commitments, becomes a source of intellectual vitality rather than fragmentation.

4. Conclusion

This paper has argued that the long-term development of medical humanities under the framework of education–technology–talent integration requires more than expanded applications or increased visibility within medical education and healthcare systems. At a deeper level, it demands a systematic reconstruction of the field's knowledge system and research paradigm. Without such theoretical consolidation, medical humanities risks remaining conceptually fragmented and institutionally marginal, particularly in knowledge regimes increasingly shaped by technological rationality and performance-oriented talent frameworks.

By examining the epistemological foundations of medical humanities, this study has emphasized its core orientation toward understanding medicine as a human practice embedded in

historical, cultural, social, and normative contexts. This orientation provides the unifying principle that allows diverse disciplinary contributions to cohere into an integrated knowledge system. The proposed analytical structuring of core domains—historical-cultural, philosophical-conceptual, experiential-narrative, and social-institutional—demonstrates that medical humanities possesses an internal logic that extends beyond ad hoc interdisciplinarity.

Furthermore, the discussion of research paradigms has shown that methodological pluralism, when guided by shared epistemic commitments, constitutes a distinctive strength rather than a liability. The interpretive, reflexive, and dialogical orientation of medical humanities enables it to generate forms of understanding that complement, rather than replicate, biomedical and technological knowledge. By foregrounding meaning, value, and experience, medical humanities contributes to a more comprehensive understanding of medicine that cannot be achieved through scientific explanation alone.

Within the broader context of education–technology–talent integration, these theoretical clarifications have important implications. Integrated knowledge regimes increasingly demand that disciplines articulate their epistemic identity and intellectual contribution. Medical humanities can meet this demand not by adopting instrumental criteria of utility, but by asserting its role as a critical and interpretive field essential to the humane orientation of medicine and health-related scholarship. Its contribution lies in shaping how medical knowledge is understood, evaluated, and situated within human life, rather than in delivering direct technological or managerial outcomes.

In conclusion, the reconstruction of the knowledge system and research paradigm of medical humanities is not merely an internal academic exercise. It is a necessary step toward securing the field’s disciplinary autonomy, enhancing its theoretical rigor, and enabling meaningful engagement with contemporary transformations in education, science, and talent development. By strengthening its conceptual foundations, medical humanities can continue to serve as a vital intellectual space for reflecting on the human significance of medicine in an increasingly complex and technologized world.

Author Contributions:

All authors have read and agreed to the published version of the manuscript.

Funding:

This research received no external funding.

Institutional Review Board Statement:

Not applicable.

Informed Consent Statement:

Not applicable.

Data Availability Statement:

Not applicable.

Conflict of Interest:

The authors declare no conflict of interest.

References

- Bloor, D. (1991). *Knowledge and social imagery* (2nd ed.). University of Chicago Press.
- Charon, R. (2006). *Narrative medicine: Honoring the stories of illness*. Oxford University Press.
- Engel, G. L. (1977). The need for a new medical model: A challenge for biomedicine. *Science*, 196(4286), 129–136. <https://doi.org/10.1126/science.847460>
- Evans, M., Ahlén, R., Heath, I., & Macnaughton, J. (2016). Medical humanities. In E. J. Cassell & T. J. Buchanan (Eds.), *The Oxford handbook of medical ethics and law* (pp. 463–482). Oxford University Press.
- Foucault, M. (1973). *The birth of the clinic: An archaeology of medical perception* (A. M. Sheridan Smith, Trans.). Vintage Books. (Original work published 1963)
- Gadamer, H.-G. (1996). *The enigma of health: The art of healing in a scientific age* (J. Gaiger & N. Walker, Trans.). Stanford University Press.
- Kleinman, A. (1988). *The illness narratives: Suffering, healing, and the human condition*. Basic Books.
- Kuhn, T. S. (1962). *The structure of scientific revolutions*. University of Chicago Press.
- Macnaughton, J. (2011). Medical humanities' challenge to medicine. *Journal of Evaluation in Clinical Practice*, 17(5), 927–932. <https://doi.org/10.1111/j.1365-2753.2010.01526.x>
- Pickersgill, M., Cunningham-Burley, S., & Martin, P. (2011). Constituting neurologic subjects: Neuroscience, subjectivity and the mundane significance of the brain. *Subjectivity*, 4(3), 346–365. <https://doi.org/10.1057/sub.2011.10>
- Snow, C. P. (1959). *The two cultures and the scientific revolution*. Cambridge University Press.
- Turner, B. S. (1995). *Medical power and social knowledge* (2nd ed.). Sage Publications.

License: Copyright (c) 2025 Author.

All articles published in this journal are licensed under the Creative Commons Attribution 4.0 International License (CC BY 4.0). This license permits unrestricted use, distribution, and reproduction in any medium, provided the original author(s) and source are properly credited. Authors retain copyright of their work, and readers are free to copy, share, adapt, and build upon the material for any purpose, including commercial use, as long as appropriate attribution is given.

The Historical Logic of the Development of Medical Humanities in China and Its Implications for Integrated Talent Strategies

Lei Chuan^{1,*}

¹ Donghua Academy of China Studies, Guangzhou 510630, China

*** Correspondence:**

Lei Chuan

lei12345678@163.com

Received: 9 December 2025 /Accepted: 26 December 2025 /Published online: 31 December 2025

Abstract

The development of medical humanities in China has followed a distinctive historical trajectory shaped by indigenous intellectual traditions, modern transformations, and changing conceptions of medicine and humanity. Unlike the relatively linear evolution of medical humanities in Western contexts, the Chinese experience reflects a complex interplay between classical medical thought, moral philosophy, social governance, and modern scientific paradigms. In recent years, the strategic emphasis on the integrated development of education, science and technology, and talent — particularly as articulated in China's long-term modernization agenda — has renewed scholarly interest in the historical foundations of humanistic approaches to medicine. This paper examines the historical logic of medical humanities in China from a perspective of intellectual history, focusing on its conceptual origins, evolutionary phases, and underlying value orientations. By tracing the continuity and transformation of humanistic thought in Chinese medicine, the study seeks to summarize key historical experiences that can inform contemporary reflections on talent cultivation at the level of ideas and values. Rather than addressing institutional or technological issues, the paper highlights how historical insights from Chinese medical humanities can enrich the conceptual understanding of integrated talent development in the present era.

Keywords: Medical Humanities in China; Intellectual History; History of Medicine; Humanistic Tradition; Integrated Talent Development

1. Introduction

The relationship between medicine and humanity has long occupied a central place in Chinese intellectual history. From classical medical texts to modern debates on scientific medicine, Chinese reflections on health and healing have consistently intertwined technical knowledge with moral, social, and philosophical concerns. In contemporary academic discourse, these reflections

are often subsumed under the rubric of “medical humanities,” a term that gained prominence in China relatively late but resonates deeply with long-standing indigenous traditions.

At present, the renewed emphasis on the integrated development of education, science and technology, and talent—formally articulated at the level of national strategy—has provided a broader framework for reexamining the historical foundations of humanistic thought in medicine. The emphasis placed by the Party on advancing education, technological innovation, and talent cultivation as an integrated whole reflects a holistic vision of modernization. Within this vision, questions concerning the formation of values, intellectual traditions, and cultural resources are inseparable from discussions of human development. Against this backdrop, revisiting the historical logic of medical humanities in China is not merely an exercise in retrospective scholarship. Rather, it offers an opportunity to clarify how conceptions of medical knowledge, moral responsibility, and human cultivation have evolved over time, and how these evolutions have shaped distinctive approaches to nurturing medical talent. Importantly, such historical inquiry operates at the level of ideas and intellectual orientations, rather than policy instruments or institutional arrangements.

Existing studies on medical humanities in China have tended to focus on contemporary applications, particularly in medical education and clinical practice. While valuable, these studies often treat history as a background rather than as a source of conceptual insight. Moreover, there is a tendency to interpret medical humanities primarily through Western theoretical frameworks, thereby overlooking the internal logic of China’s own intellectual traditions. This paper seeks to address these gaps by offering a historically grounded analysis of Chinese medical humanities as an evolving constellation of ideas rather than a recently imported academic field. The central argument advanced here is that the development of medical humanities in China has followed a historically layered logic characterized by continuity, adaptation, and reinterpretation. From the moral cosmology of classical medicine, through the epistemic disruptions of modernity, to contemporary efforts at synthesis, Chinese medical humanities has consistently grappled with the relationship between technical expertise and human values. Understanding this historical logic can provide conceptual resources for reflecting on integrated approaches to talent development that emphasize not only competence, but also moral orientation and social responsibility.

2. Historical and Intellectual Context of Chinese Medical Humanities

To appreciate the historical logic of medical humanities in China, it is necessary to situate it within the broader landscape of Chinese intellectual history. Unlike the modern Western distinction between science and the humanities, traditional Chinese thought approached knowledge in a holistic manner, emphasizing harmony between human beings, society, and the natural world. Medicine, as a practice concerned with life and health, occupied a privileged position within this worldview (Farquhar, 1994). Classical Chinese medicine was deeply embedded in philosophical systems such as Confucianism, Daoism, and Yin–Yang cosmology. Medical knowledge was not understood as value-neutral technique, but as a form of moral practice oriented toward the cultivation of both the healer and the patient. The physician was

expected to embody virtues such as benevolence (ren), sincerity, and responsibility, reflecting a broader conception of learning as self-cultivation. In this sense, the humanistic dimension of medicine was not an external supplement, but an intrinsic aspect of medical knowledge itself. The historical continuity of this orientation is evident in canonical medical texts, which frequently combine physiological explanations with moral exhortations. Health was conceived not merely as biological equilibrium, but as a reflection of ethical conduct and social harmony. Such ideas shaped the social status of physicians and informed expectations regarding their role in society. Medicine functioned as both a technical art and a moral vocation, reinforcing the inseparability of knowledge and virtue.

The encounter with Western medicine in the late nineteenth and early twentieth centuries introduced profound epistemic challenges. Modern scientific medicine brought new methods, technologies, and explanatory frameworks that emphasized empirical verification and experimental reasoning. This encounter disrupted traditional conceptions of medicine, prompting intense debates about the nature of medical knowledge and its relationship to Chinese cultural values. Some reformers advocated wholesale adoption of Western models, while others sought to preserve the moral and humanistic foundations of Chinese medicine.

This period of intellectual tension marked a critical turning point in the historical development of medical humanities in China. Rather than disappearing, humanistic reflection was rearticulated in response to modernity. Questions concerning the moral limits of medical intervention, the social responsibilities of physicians, and the human meaning of scientific progress became central themes in medical discourse. These debates laid the groundwork for later conceptualizations of medical humanities as a reflective field mediating between science and human values.

3. The Evolutionary Phases of Medical Humanities in China: From Classical Integration to Modern Reconfiguration

The historical development of medical humanities in China cannot be understood as a linear progression toward a predefined disciplinary form. Rather, it unfolds through a series of evolutionary phases in which conceptions of medicine, humanity, and knowledge are continuously rearticulated in response to broader intellectual and social transformations. These phases reveal a distinctive historical logic characterized by integration, disruption, and reconstruction, each of which contributes to the shaping of humanistic reflection in medicine.

3.1. Classical Integration: Medicine as Moral and Cosmological Practice

In premodern China, what is now retrospectively identified as “medical humanities” existed not as a separate field, but as an intrinsic dimension of medical knowledge itself. Classical Chinese medicine was embedded within a cosmological and ethical worldview that resisted sharp distinctions between nature and society, body and mind, technique and morality. Medical reasoning drew upon concepts such as qi, yin and yang, and the five phases, which were simultaneously naturalistic and normative in character. Within this framework, medicine functioned as a practice of moral cultivation. The healer’s technical competence was inseparable from ethical self-discipline and social responsibility. Classical medical writings frequently

emphasized the physician's obligation to care for life with compassion and humility, reflecting Confucian ideals of benevolence and righteousness. Healing was thus understood as an activity that restored harmony not only within the body, but also within the moral order.

This integrated understanding of medicine and humanity shaped the formation of medical knowledge and the transmission of expertise. Learning medicine was regarded as a form of self-cultivation, requiring mastery of texts, moral reflection, and experiential wisdom. The absence of a rigid boundary between scientific and humanistic knowledge allowed medical thought to develop as a holistic intellectual tradition, in which technical explanation and ethical meaning were mutually reinforcing.

3.2. Epistemic Disruption and Intellectual Tension in the Modern Era

The advent of modern scientific medicine in China marked a decisive rupture in this integrated tradition. Beginning in the late Qing dynasty and intensifying during the Republican period, Western biomedical knowledge introduced new epistemic standards centered on experimentation, anatomy, and laboratory science. These standards challenged long-established modes of medical reasoning and called into question the legitimacy of traditional explanatory frameworks.

This encounter generated profound intellectual tension rather than immediate replacement. Modernizers debated whether medicine should be redefined exclusively as a scientific enterprise or whether it should retain its moral and cultural dimensions. Some reformers criticized traditional medicine as unscientific, while others defended its humanistic orientation as an essential component of Chinese civilization. These debates extended beyond technical efficacy to encompass broader questions about cultural identity, knowledge authority, and the goals of healing.

Within this context, humanistic reflection on medicine assumed a new form. No longer taken for granted as part of an integrated worldview, the moral and social dimensions of medicine became objects of explicit inquiry. Intellectuals began to ask how scientific medicine could be reconciled with ethical responsibility, and whether technological progress necessarily entailed the erosion of humanistic values. Although the term "medical humanities" was not yet in use, the underlying concerns foreshadowed later disciplinary developments.

3.3. Rearticulation under Socialist and Post-Reform Contexts

Following the establishment of the People's Republic of China, medical thought was further reshaped by socialist ideology and collective conceptions of health and society. Medicine was framed as a public good serving social needs, and physicians were expected to embody both professional competence and political-moral commitment. While scientific medicine gained institutional dominance, moral discourse remained integral to medical identity, albeit articulated in different ideological terms.

In the post-reform period, the diversification of intellectual life and the expansion of higher education created new spaces for academic reflection on medicine and humanity. Influenced by global scholarly trends, Chinese researchers began to engage more explicitly with concepts associated with medical humanities, including patient experience, narrative understanding, and

the cultural analysis of medicine. At the same time, there was renewed interest in reinterpreting traditional medical thought as a source of humanistic insight rather than merely a historical artifact (Kleinman, 1980; Unschuld, 1985; Unschuld, 2010).

This phase is characterized less by continuity than by reinterpretation. Elements of classical moral medicine were selectively reexamined and translated into contemporary academic language. Rather than restoring a premodern synthesis, scholars sought to articulate humanistic perspectives compatible with modern scientific understanding. This process of rearticulation reflects an ongoing effort to negotiate the relationship between inherited intellectual traditions and contemporary forms of knowledge.

3.4. Historical Logic and Conceptual Continuities

Across these evolutionary phases, a consistent historical logic becomes apparent. Despite changes in epistemic frameworks and social conditions, Chinese medical thought has repeatedly returned to questions concerning the moral purpose of medicine, the cultivation of the healer, and the relationship between technical knowledge and human values. These recurring concerns suggest that medical humanities in China is not simply a borrowed concept, but a historically grounded orientation rooted in indigenous intellectual traditions. This historical logic does not imply unbroken continuity or resistance to change. On the contrary, it reveals a capacity for adaptation and reinterpretation. Humanistic reflection has persisted not by rejecting new forms of knowledge, but by engaging them critically and selectively. Such engagement has allowed Chinese medical humanities to survive epistemic disruptions and remain relevant across different historical contexts. Understanding these evolutionary dynamics provides a basis for summarizing historical experience at the level of ideas and values. It also prepares the ground for examining how these experiences can inform contemporary reflections on the cultivation of medical talent, particularly in contexts that emphasize integrated development. The next section will explore these implications by drawing conceptual lessons from the historical trajectory outlined above.

4. Historical Experience and Intellectual Implications of Chinese Medical Humanities

The historical evolution of medical humanities in China, as outlined in the preceding section, offers more than a descriptive account of shifting ideas or changing medical practices. It reveals a series of enduring intellectual experiences through which medicine has been continuously understood as a profoundly human endeavor, inseparable from broader reflections on morality, social order, and the cultivation of persons. These experiences are not reducible to specific doctrines, canonical texts, or institutional arrangements. Rather, they reflect deep-seated patterns within the Chinese intellectual tradition concerning the relationship between knowledge and virtue, technique and meaning, and individual expertise and collective responsibility. From a historical perspective, Chinese medical humanities emerges less as a discrete academic field than as a recurrent mode of reflection embedded within medical thought itself. Across different historical periods—despite profound transformations in epistemology, social structure, and ideological orientation—certain core concerns repeatedly surface: how medical knowledge should be acquired and used, what moral qualities are expected of those who practice medicine, and how

medicine relates to broader conceptions of human flourishing. Examining these recurring concerns allows for a more nuanced understanding of the intellectual resources that Chinese medical humanities brings to contemporary discussions of human development, particularly at the level of values and intellectual orientation rather than institutional design.

4.1. The Persistent Unity of Knowledge and Moral Cultivation

One of the most salient historical experiences in the Chinese development of medical humanities is the persistent association between medical knowledge and moral cultivation. In classical Chinese thought, the acquisition of medical knowledge was never conceived as a purely technical endeavor. To learn medicine was simultaneously to cultivate one's character, refine one's intentions, and assume responsibility for the well-being of others. Medical learning was thus embedded within broader traditions of self-cultivation that emphasized ethical reflection, emotional discipline, and social commitment.

This conception stands in marked contrast to modern tendencies—particularly within highly specialized professional systems—to separate technical competence from moral formation. In the Chinese tradition, technical mastery devoid of moral grounding was often viewed with suspicion, as it risked becoming a form of skill detached from humane purpose. The ideal physician was not merely one who possessed knowledge of therapies and diagnostics, but one whose conduct embodied virtues such as compassion, integrity, and attentiveness to human suffering.

Importantly, this unity of knowledge and morality did not vanish with the introduction of modern scientific medicine. As epistemic frameworks shifted and biomedical rationality gained prominence, the moral dimension of medical practice was repeatedly rearticulated rather than abandoned. In different historical contexts, it appeared in new conceptual vocabularies—such as social responsibility, service to the people, or professional integrity—yet the underlying concern remained remarkably consistent. Medicine continued to be understood as a vocation carrying intrinsic ethical significance.

This historical continuity suggests that, within the Chinese intellectual context, the cultivation of medical talent has never been understood solely as the transmission of specialized skills or scientific expertise. Rather, it has consistently been framed as a broader process of human formation, in which intellectual competence and moral orientation are mutually reinforcing. As a historical experience, this unity provides a powerful conceptual lens for understanding how medical humanities in China articulates the relationship between learning, character, and responsibility.

4.2. Holism as an Intellectual Orientation

Another important intellectual implication of the Chinese medical humanities tradition lies in its holistic orientation. Classical Chinese medicine resisted analytical approaches that isolated bodily functions from their emotional, social, and environmental contexts. Health was conceived as a dynamic and relational state, shaped by the interaction of physiological processes, emotional dispositions, patterns of daily life, and broader natural rhythms. Illness, accordingly, was not simply a localized malfunction but a disturbance in an interconnected system. This holistic orientation extended beyond medical theory into broader reflections on human life (Leung, 2012;

Lloyd et al., 2002). The body was not treated as a mechanical object detached from the person, but as an integral dimension of lived experience and moral existence. Such an understanding fostered sensitivity to the complexity of human life and cautioned against overly narrow or reductionist explanations of health and disease.

With the arrival of modern scientific medicine, new analytical tools and explanatory models profoundly transformed medical knowledge. Nevertheless, the holistic impulse continued to inform intellectual reflections on the limits of purely technical approaches. In historical debates over medical modernization, concerns were frequently raised about the risk of fragmenting the human subject into isolated biological components, thereby losing sight of meaning, experience, and context. This holism should not be interpreted as opposition to scientific reasoning or empirical analysis. Rather, it represents an insistence on contextual understanding and integrative reflection. As a historical experience, holism functions less as a fixed doctrinal position than as a guiding intellectual orientation—one that continually reminds medical thought of the irreducible complexity of human life. Within Chinese medical humanities, this orientation has served as a counterbalance to tendencies toward excessive specialization, reinforcing the humanistic concern with wholeness, relationality, and lived experience.

4.3. Adaptation and Reflexivity in the Face of Epistemic Change

The historical development of medical humanities in China also demonstrates a notable capacity for adaptation and reflexivity in response to epistemic change. When confronted with the authority of modern science and its associated forms of knowledge, Chinese intellectuals did not respond with uniform resistance or passive acceptance. Instead, they engaged in sustained reflection on how new epistemologies could be incorporated without erasing foundational humanistic concerns. This reflexive engagement involved critical examination of the assumptions underlying different knowledge systems. Rather than treating scientific medicine as either an unquestionable ideal or an existential threat to tradition, many thinkers approached it as a powerful yet partial form of understanding that required ethical and cultural interpretation (Foucault, 1980; Zhang, 2007). Such an approach enabled selective appropriation, reinterpretation, and integration, rather than wholesale replacement or rigid preservation.

Reflexivity, in this historical sense, refers to the capacity to situate knowledge within broader frameworks of meaning and value. It involves awareness of the limits of any single epistemic system and openness to dialogue across intellectual traditions. Chinese medical thought has repeatedly demonstrated this reflexive posture, navigating the tensions between tradition and modernity through reinterpretation rather than exclusion. As an intellectual experience, this capacity for reflexive adaptation highlights a mode of thinking that values conceptual flexibility, historical awareness, and critical dialogue. It suggests that medical humanities in China has developed not through static continuity, but through dynamic engagement with change—an engagement that preserves humanistic orientation while remaining responsive to new forms of knowledge.

4.4. Humanistic Concern as a Stable Normative Horizon

Despite substantial changes in language, ideology, and epistemology across historical periods, humanistic concern has functioned as a stable normative horizon in Chinese medical thought. Whether articulated through Confucian moral philosophy, socialist ethical ideals, or contemporary academic discourse, questions about the human meaning of medicine—its purpose, responsibilities, and impact on human life—have remained central.

This normative continuity does not imply uniformity of expression. On the contrary, humanistic concern has been repeatedly reframed in response to shifting historical contexts (Sivin, 1987). What remains consistent is the conviction that medicine cannot be adequately understood as a value-neutral technical enterprise. It must be evaluated in terms of its implications for human dignity, social relations, and moral responsibility.

Recognizing this continuity has important implications for how medical humanities in China is conceptualized today. Rather than viewing it exclusively as an imported academic field or a recent institutional innovation, medical humanities can be understood as a contemporary articulation of long-standing intellectual concerns deeply embedded in Chinese culture. Such a perspective emphasizes continuity without denying historical transformation, and tradition without idealization.

Taken together, these historical experiences—the unity of knowledge and morality, holistic orientation, reflexive adaptation, and enduring humanistic concern—constitute the intellectual core of Chinese medical humanities. They provide a rich conceptual foundation for reflecting on how historical insight can inform contemporary approaches to human development and talent cultivation at the level of values, intellectual orientation, and cultural meaning. Building on this foundation, the final section of this paper turns to the broader implications of these insights for integrated perspectives on talent development, drawing on historical logic rather than institutional analysis.

5. Conclusion

This paper has examined the historical logic of the development of medical humanities in China from the perspective of intellectual history, tracing its evolution across classical, modern, and contemporary contexts. Rather than treating medical humanities as a recently imported academic construct, the analysis has demonstrated that humanistic reflection on medicine has long been embedded in Chinese intellectual traditions. From the moral cosmology of classical medicine to the reflexive engagements prompted by modern scientific paradigms, Chinese medical thought has persistently grappled with the relationship between technical knowledge and human values. Several core insights emerge from this historical inquiry. First, the enduring association between medical knowledge and moral cultivation highlights a distinctive understanding of medicine as a vocation oriented toward human betterment rather than mere technical proficiency. This understanding has shaped expectations of physicians and healers across historical periods, reinforcing the idea that the formation of medical expertise is inseparable from ethical orientation and social responsibility. Second, the holistic orientation

characteristic of Chinese medical thought reveals a longstanding resistance to reductionist conceptions of health and healing. While epistemic frameworks have changed, concerns about the fragmentation of human experience and the loss of meaning in overly technical approaches have remained salient. This historical sensitivity underscores the importance of contextual and integrative understanding in reflections on medicine. Third, the capacity for adaptation and reflexive engagement with epistemic change constitutes a crucial intellectual resource. Chinese medical humanities has not followed a path of static preservation or wholesale replacement; instead, it has evolved through reinterpretation and dialogue. This reflexive posture has enabled humanistic concerns to persist amid profound transformations in knowledge systems and social structures. Finally, the continuity of humanistic concern across diverse historical contexts suggests that medical humanities in China functions as a stable normative horizon rather than a bounded discipline defined by rigid institutional criteria. It represents an enduring mode of inquiry into the human meaning of medicine, capable of being rearticulated in response to changing historical conditions. These historical insights acquire renewed significance in the contemporary context in which China emphasizes the integrated advancement of education, science and technology, and talent development as a core component of its modernization strategy. As articulated in recent high-level strategic planning, the goal of forming a coordinated pattern of education–technology–talent development reflects a holistic vision of human development. From the perspective of intellectual history, the Chinese tradition of medical humanities offers conceptual resources for understanding talent not merely as a carrier of skills, but as a bearer of values, responsibility, and cultural meaning.

Importantly, this paper does not propose direct policy prescriptions or institutional models. Instead, it suggests that historical reflection can enrich contemporary thinking by clarifying the value orientations and intellectual assumptions that underlie approaches to talent cultivation. By drawing on the historical logic of Chinese medical humanities, scholars and educators can engage more deeply with questions concerning the human purposes of knowledge, the ethical dimensions of professional formation, and the cultural foundations of modern development. In this sense, the study of Chinese medical humanities is not only an exploration of the past, but also a contribution to ongoing theoretical reflection on the relationship between knowledge, humanity, and development. Recognizing this historical depth can help situate contemporary strategies within a broader intellectual horizon, thereby enhancing their conceptual coherence and cultural resonance.

Author Contributions:

All authors have read and agreed to the published version of the manuscript.

Funding:

This research received no external funding.

Institutional Review Board Statement:

Not applicable.

Informed Consent Statement:

Not applicable.

Data Availability Statement:

Not applicable.

Conflict of Interest:

The authors declare no conflict of interest.

References

- Farquhar, J. (1994). *Knowing practice: The clinical encounter of Chinese medicine*. Westview Press.
- Foucault, M. (1980). *Power/knowledge: Selected interviews and other writings, 1972–1977* (C. Gordon, Ed.). Pantheon Books.
- Kleinman, A. (1980). *Patients and healers in the context of culture*. University of California Press.
- Leung, A. K. C. (2012). *Health and hygiene in Chinese East Asia: Policies and public health in the long twentieth century*. Duke University Press.
- Lloyd, G. E. R., & Sivin, N. (2002). *The way and the word: Science and medicine in early China and Greece*. Yale University Press.
- Sivin, N. (1987). *Traditional medicine in contemporary China*. University of Michigan Center for Chinese Studies.
- Unschuld, P. U. (1985). *Medicine in China: A history of ideas*. University of California Press.
- Unschuld, P. U. (2010). *What is medicine? Western and Eastern approaches to healing*. University of California Press.
- Zhang, D. (2007). *Key concepts in Chinese philosophy* (E. Ryden, Trans.). Yale University Press.

License: Copyright (c) 2025 Author.

All articles published in this journal are licensed under the Creative Commons Attribution 4.0 International License (CC BY 4.0). This license permits unrestricted use, distribution, and reproduction in any medium, provided the original author(s) and source are properly credited. Authors retain copyright of their work, and readers are free to copy, share, adapt, and build upon the material for any purpose, including commercial use, as long as appropriate attribution is given.

Institutional Pathways for Integrating Medical Humanities into Medical Talent Cultivation under the Education–Technology–Talent Integration Framework

Yangyi Li ^{1,*}

¹ Kunshan Duke University, Kunshan 215316, China

*** Correspondence:**

Yangyi Li

yangyi.li.kdu@gmail.com

Received: 10 December 2025 /Accepted: 27 December 2025 /Published online: 31 December 2025

Abstract

The strategic integration of education, science and technology, and talent development has become a defining feature of contemporary higher education reform, particularly in fields closely linked to national innovation capacity and public health. Within this framework, the cultivation of medical talent is increasingly shaped by institutional arrangements that prioritize scientific competence, technological innovation, and performance-based evaluation. While medical humanities is widely recognized as essential to fostering well-rounded medical professionals, its integration into medical talent cultivation has often remained fragmented and peripheral. Existing discussions tend to focus on curricular content or pedagogical techniques, leaving institutional structures largely unexamined. This paper argues that the sustainable integration of medical humanities into medical talent cultivation requires systematic institutional embedding rather than isolated educational interventions. Focusing on training schemes, evaluation mechanisms, and organizational structures, the study analyzes how institutional design can enable medical humanities to function as a constitutive element of medical talent development under the education–technology–talent integration framework. By examining the logic of institutional pathways, the paper aims to contribute a governance-oriented perspective to the advancement of medical humanities in contemporary medical education systems.

Keywords: Medical Humanities; Medical Talent Cultivation; Institutional Pathways; Education–Technology–Talent Integration; Higher Education Governance

1. Introduction

The cultivation of medical talent has entered a new phase shaped by the strategic integration of education, science and technology, and talent development. This integrated framework reflects a

broader transformation in how modern societies organize knowledge production, professional training, and human capital formation. In medicine, where scientific advancement, technological innovation, and societal responsibility intersect, the implications of this transformation are particularly profound. Within this context, medical talent is no longer defined solely by clinical competence or research productivity. Increasing attention is being paid to ethical judgment, social responsibility, communication capacity, and humanistic understanding. Medical humanities has thus gained renewed prominence as a field that articulates the value-oriented dimensions of medical practice. However, despite widespread rhetorical endorsement, the practical integration of medical humanities into medical talent cultivation remains uneven and institutionally fragile.

Much of the existing literature approaches this issue from the perspective of pedagogy, focusing on course design, teaching methods, or student experience. While such approaches are valuable, they tend to overlook a more fundamental question: how institutional arrangements shape the position and function of medical humanities within medical education systems. Without institutional support at the levels of training schemes, evaluation mechanisms, and organizational governance, medical humanities risks being marginalized as an auxiliary or symbolic component rather than a constitutive element of talent cultivation. This paper contends that under the education–technology–talent integration framework, the integration of medical humanities must be understood as an institutional challenge rather than a purely pedagogical one. Institutions determine what counts as legitimate knowledge, how talent is evaluated, and which academic units possess decision-making authority. Consequently, the extent to which medical humanities influences medical talent cultivation depends less on individual courses than on how it is embedded within institutional structures.

Accordingly, this study focuses on the institutional pathways through which medical humanities can be integrated into medical talent cultivation. It deliberately avoids discussion of specific classroom practices or teaching techniques. Instead, it examines three interconnected institutional dimensions: training schemes that define the objectives and structure of medical education, evaluation mechanisms that shape incentives and recognition, and organizational architectures that allocate authority and resources. By analyzing these dimensions, the paper aims to clarify how institutional design can enable medical humanities to contribute substantively to medical talent cultivation within an integrated education–technology–talent framework. The analysis is conceptual rather than prescriptive, seeking to illuminate structural logics and governance principles rather than propose detailed policy instruments.

2. Institutional Context: Education–Technology–Talent Integration and Medical Talent Cultivation

The integration of education, science and technology, and talent development represents a shift from segmented governance toward systemic coordination. Traditionally, education systems focused on knowledge transmission, research institutions emphasized scientific discovery, and talent policies addressed workforce deployment. The integrated framework challenges this division by treating education, innovation, and talent as mutually reinforcing components of a

single developmental system. In the medical field, this shift has translated into heightened expectations for medical professionals. Medical talent is increasingly assessed in terms of its capacity to operate within innovation-driven environments, contribute to scientific advancement, and respond to complex social health needs. These expectations have reshaped institutional priorities, often privileging measurable outputs such as research funding, technological breakthroughs, and standardized performance indicators. Within this institutional environment, medical humanities occupies an ambiguous position. On the one hand, its relevance to professional ethics, patient-centered care, and social responsibility is widely acknowledged. On the other hand, its contributions are often difficult to quantify using conventional performance metrics. This tension underscores the importance of institutional design in determining whether medical humanities is integrated meaningfully or relegated to a symbolic role.

Institutional analysis highlights that disciplines do not operate in a vacuum. Their influence depends on how they are positioned within formal structures of training, evaluation, and governance. For medical humanities, integration at the institutional level entails more than curricular inclusion; it requires alignment with the structural logic of medical talent cultivation under integrated development frameworks. Understanding this context provides the foundation for examining specific institutional pathways. The following sections will analyze how training schemes, evaluation mechanisms, and organizational structures can be designed—or reconfigured—to support the substantive integration of medical humanities into medical talent cultivation.

3. Medical Humanities within Medical Training Schemes: Institutional Embedding and Structural Alignment

Within the education–technology–talent integration framework, training schemes function as the foundational institutional instruments that define what kind of medical professionals a system seeks to cultivate. They articulate educational objectives, structure developmental stages, and establish normative expectations for talent formation. Consequently, the extent to which medical humanities can meaningfully shape medical talent development depends largely on how it is positioned within these training schemes at the level of institutional design rather than pedagogical execution.

3.1. Training Schemes as Normative Frameworks for Talent Formation

Medical training schemes are not neutral technical documents; they embody implicit value judgments about the nature of medical expertise and professional identity. Traditionally, such schemes have prioritized biomedical knowledge, clinical proficiency, and research capability, reflecting the dominance of scientific rationality in modern medicine (Flexner, 2002; Frenk et al., 2010). Under conditions of intensified technological innovation, these priorities have often been reinforced through competency-based and performance-oriented frameworks.

From an institutional perspective, integrating medical humanities into training schemes requires recognizing that talent cultivation involves normative as well as technical dimensions. Medical humanities contributes not by adding discrete competencies, but by shaping the underlying

conception of what it means to be a competent medical professional. When training schemes define professional development exclusively in terms of technical mastery, humanistic capacities are relegated to secondary or optional status. Conversely, when humanistic understanding is incorporated into the foundational objectives of training schemes, it acquires institutional legitimacy.

Embedding medical humanities at this level thus entails articulating talent cultivation goals that explicitly acknowledge ethical judgment, interpretive understanding, and social responsibility as integral dimensions of medical professionalism (Wear & Aultman, 2005). Such articulation does not prescribe how these qualities are taught, but it establishes them as expected outcomes of medical training.

3.2. Structural Integration across Stages of Medical Training

Medical talent cultivation typically unfolds across multiple stages, including undergraduate medical education, postgraduate clinical training, and advanced academic or specialist development. Institutional integration of medical humanities requires coherence across these stages rather than isolated inclusion at a single point in the training trajectory. At the undergraduate level, training schemes often emphasize foundational knowledge and professional orientation. Institutionally embedding medical humanities here involves positioning humanistic understanding as part of the professional identity formation process rather than as preparatory or remedial content. At the postgraduate level, where specialization and clinical responsibility intensify, training schemes can frame humanistic reflection as a means of navigating professional complexity and ethical uncertainty. At advanced stages, including doctoral or high-level specialist training, medical humanities can be institutionally aligned with leadership development, reflective practice, and broader societal engagement. What is critical from a governance perspective is not the specific form of integration at each stage, but the continuity of institutional recognition. Fragmented inclusion—where medical humanities appears only at early stages or as a transitional requirement—signals marginality. In contrast, structural alignment across stages affirms that humanistic competence develops cumulatively alongside scientific and technical expertise (Cooke, Irby, & O'Brien, 2010).

3.3. Alignment with Integrated Talent Development Objectives

Under the education–technology–talent integration framework, training schemes increasingly serve as instruments for aligning educational outcomes with broader innovation and development goals. This alignment often privileges skills directly linked to scientific productivity or technological application. In such contexts, medical humanities risks being perceived as insufficiently aligned with system-level objectives.

However, institutional analysis suggests that this perception reflects a narrow interpretation of integration. If talent development is understood solely in terms of immediate technical output, humanistic disciplines will inevitably appear peripheral. If, instead, integration is conceptualized as the coordinated development of knowledge, capability, and responsibility, medical humanities becomes structurally relevant.

Training schemes can reflect this broader conception by framing medical humanities as contributing to adaptive capacity, ethical resilience, and reflective judgment—qualities essential for medical professionals operating in complex, innovation-driven environments (Montgomery, 2006). Importantly, such framing does not instrumentalize medical humanities for technological ends, but situates it as a complementary dimension of integrated talent development.

3.4. Institutional Language and Symbolic Positioning

Beyond formal objectives, the symbolic language used in training schemes plays a significant role in shaping institutional priorities. The placement of medical humanities within policy documents, its association with core or peripheral sections, and the terminology used to describe its role all signal its institutional status.

When medical humanities is described using vague or ancillary language, its integration remains symbolic rather than structural. Conversely, when training schemes employ precise language that links humanistic understanding to professional standards and developmental expectations, they reinforce its legitimacy within the institutional hierarchy (Bleakley, 2015).

This symbolic positioning has practical consequences. It influences how academic units allocate attention, how faculty interpret institutional priorities, and how trainees understand expectations. Thus, institutional embedding of medical humanities within training schemes requires attention not only to structural inclusion but also to discursive framing.

3.5. Institutional Coherence and Avoidance of Instrumental Reduction

A final consideration concerns the risk of instrumental reduction. When integrated into training schemes primarily as a means of improving compliance, communication efficiency, or institutional reputation, medical humanities may lose its critical and reflective capacity. Institutional embedding should therefore preserve the epistemic autonomy of medical humanities while situating it within the broader architecture of talent cultivation.

From a governance standpoint, this balance can be achieved by recognizing medical humanities as a formative rather than corrective component of training schemes. Rather than addressing perceived deficits, it contributes to shaping the overall orientation of medical professionalism. Such positioning aligns with international scholarship emphasizing the role of humanistic inquiry in sustaining reflective and ethically grounded medical practice (Charon, 2006; Pellegrino & Thomasma, 1993).

4. Evaluation Mechanisms and Incentive Structures: Institutional Conditions for the Recognition of Medical Humanities

Within modern systems of medical education and talent cultivation, evaluation mechanisms function as powerful institutional regulators. They determine what kinds of knowledge are valued, which forms of academic labor are rewarded, and how individuals and units allocate their time and resources. Under the education–technology–talent integration framework, evaluation systems increasingly emphasize quantifiable outputs, technological innovation, and measurable

performance indicators. While such criteria serve important governance functions, they also create structural constraints on the meaningful integration of medical humanities into medical talent cultivation.

4.1. Evaluation as a Central Mechanism of Institutional Steering

Evaluation mechanisms operate not merely as tools for assessment, but as instruments of institutional steering. They translate abstract educational objectives into concrete incentives and sanctions, shaping behavior across multiple levels of the academic system. In medical education, evaluation affects students' developmental priorities, faculty members' research agendas, and institutional investment strategies.

From an institutional perspective, the marginalization of medical humanities often results less from explicit exclusion than from implicit devaluation within evaluation frameworks. When evaluation criteria privilege biomedical research output, technological innovation, or standardized clinical performance, humanistic inquiry is rendered structurally invisible, regardless of its formally acknowledged importance (Muller, 2018). This dynamic underscores the need to analyze evaluation mechanisms as a key institutional pathway for integration.

Integrating medical humanities into medical talent cultivation therefore requires rethinking evaluation not as a neutral measurement process, but as a normative system that shapes the meaning of excellence in medicine. Without such rethinking, efforts to promote medical humanities at the level of training schemes risk remaining aspirational rather than effective.

4.2. The Limits of Quantification and the Visibility Problem

A central challenge facing medical humanities within evaluation systems is the problem of visibility. Humanistic contributions often take forms that resist straightforward quantification: interpretive insight, ethical reasoning, critical reflection, and long-term influence on professional orientation. These forms of value do not align easily with metrics designed to assess scientific productivity or technological output (Biesta, 2010). Under integrated development frameworks, evaluation regimes frequently rely on indicators such as publication counts, grant income, patents, or citation impact. While these indicators provide administrative clarity, they tend to privilege disciplines whose outputs are readily measurable. Medical humanities, by contrast, contributes primarily through conceptual clarification, normative critique, and reflective understanding—forms of intellectual labor that unfold over extended time horizons and defy simple aggregation. Institutional integration does not require medical humanities to conform to inappropriate metrics. Rather, it calls for evaluation mechanisms that recognize epistemic diversity within medical talent cultivation. Such recognition affirms that different forms of knowledge contribute to medical excellence in distinct but complementary ways.

4.3. Evaluation of Talent Cultivation Outcomes

Beyond faculty assessment, evaluation mechanisms also shape how medical talent itself is understood and assessed. In many systems, talent evaluation emphasizes mastery of technical competencies, research productivity, or performance on standardized assessments. While these dimensions are essential, they offer a partial account of professional formation. From a

governance standpoint, integrating medical humanities into talent evaluation involves broadening the evaluative conception of medical excellence. This does not entail introducing subjective or arbitrary criteria, but rather acknowledging that reflective judgment, ethical discernment, and interpretive capacity are integral to professional competence in medicine (Pellegrino, 2002). Institutionally, such acknowledgment can be reflected in evaluation frameworks that emphasize developmental trajectories rather than static benchmarks. Medical humanities contributes to talent cultivation by fostering reflective capacities that mature over time and across contexts. Evaluation mechanisms that are sensitive to longitudinal development are therefore better aligned with the formative contributions of humanistic inquiry.

4.4. Incentive Structures and Academic Behavior

Evaluation systems are inseparable from incentive structures. Incentives influence how faculty members prioritize research areas, how departments allocate resources, and how institutions signal strategic importance. When incentives are narrowly aligned with technological or biomedical outputs, medical humanities is structurally disadvantaged, regardless of rhetorical support.

Institutional integration requires incentive alignment that legitimizes engagement with medical humanities as academically and professionally meaningful. This does not imply equalizing rewards across all forms of academic labor, but ensuring that humanistic contributions are not systematically disincentivized. For example, if participation in humanistic research or institutional service related to medical humanities carries no recognition in promotion or appraisal processes, rational actors will deprioritize such engagement (Marginson, 2011).

From an institutional design perspective, incentives function most effectively when they reinforce stated values. If medical humanities is presented as essential to medical talent cultivation, incentive structures must reflect this status by acknowledging its intellectual labor as contributory to institutional goals.

4.5. Preserving the Epistemic Integrity of Medical Humanities

A critical risk in evaluation reform is the instrumental reduction of medical humanities. In attempts to render humanistic contributions “measurable,” institutions may impose metrics that distort the nature of humanistic inquiry. Such reduction undermines the critical and reflective functions that justify the inclusion of medical humanities in the first place. Institutional integration therefore requires a balance between recognition and autonomy. Evaluation mechanisms should acknowledge the contributions of medical humanities without forcing them into evaluative templates designed for fundamentally different epistemic practices. This principle aligns with broader scholarship on pluralistic evaluation systems that respect disciplinary diversity while maintaining accountability (Lamont, 2009). By preserving epistemic integrity, institutions enable medical humanities to function not as an auxiliary tool for performance optimization, but as a formative influence on the orientation of medical talent. Such positioning reinforces the long-term value of humanistic inquiry within integrated talent development frameworks.

4.6. Evaluation as a Cultural Signal

Evaluation mechanisms operate as cultural signals within academic institutions. They communicate what is valued, what is peripheral, and what constitutes success. In this sense, evaluation reform is not merely technical but symbolic. When medical humanities is meaningfully incorporated into evaluation frameworks, it signals an institutional commitment to a more comprehensive understanding of medical professionalism. This signaling effect has cumulative consequences. It shapes institutional identity, influences recruitment and retention, and contributes to the broader cultural environment in which medical talent is cultivated. From the perspective of education–technology–talent integration, such cultural alignment is essential for sustaining balanced development across scientific, technological, and humanistic dimensions.

5. Organizational Structures and Governance Models for Institutional Integration

While training schemes and evaluation mechanisms define the objectives and incentives of medical talent cultivation, organizational structures determine how these objectives are translated into sustained institutional practice. Organizational design allocates authority, distributes resources, and shapes patterns of interaction among academic units. In this sense, organizational structures constitute the infrastructural conditions under which medical humanities can either remain peripheral or become an integral component of medical talent cultivation.

(1) Organizational Marginality and Structural Constraints

In many medical education systems, medical humanities is institutionally positioned at the margins of organizational hierarchies. It is often housed in small units, temporary committees, or cross-listed programs lacking stable authority or resource allocation. Such positioning limits its capacity to influence strategic decision-making related to talent cultivation, even when its symbolic importance is acknowledged. From a governance perspective, marginality is not merely a matter of size or funding, but of structural location. Units without representation in core decision-making bodies have limited capacity to shape training priorities or evaluation standards. As a result, medical humanities may be formally included in institutional discourse while remaining structurally excluded from substantive governance processes (Clark, 1998). Addressing this constraint requires rethinking organizational placement rather than expanding activities. Institutional integration depends on whether medical humanities is embedded within governance structures that oversee talent cultivation, research development, and academic evaluation.

(2) Cross-Structural Coordination and Integrated Governance

The education–technology–talent integration framework emphasizes coordination across traditionally separate domains. Organizationally, this implies governance models that facilitate cross-structural interaction rather than siloed operation. For medical humanities, integration is most sustainable when organizational structures enable regular interaction with medical schools, research institutes, and clinical organizations at the governance level. Such interaction does not require dissolving disciplinary boundaries. Instead, it involves establishing stable organizational interfaces through which medical humanities can contribute to strategic deliberation on talent

development. These interfaces may take the form of joint governance committees, cross-appointed leadership roles, or institutional councils concerned with professional formation. From an institutional logic standpoint, cross-structural coordination affirms that humanistic perspectives are not external add-ons but constitutive elements of medical talent cultivation. This positioning aligns with governance models that view talent development as a collective institutional responsibility rather than the domain of isolated units (Marginson & Rhoades, 2002).

(3) Authority, Resources, and Organizational Sustainability

Organizational integration is ultimately sustained through authority and resources. Without recognized authority over aspects of talent cultivation, medical humanities units remain dependent on ad hoc support. Without stable resources, their participation in institutional processes becomes vulnerable to shifting priorities. Importantly, institutional integration does not imply equal resource distribution across all academic units. Rather, it requires proportional recognition of contribution. When organizational structures formally acknowledge the role of medical humanities in shaping professional identity, ethical orientation, and reflective capacity, resource allocation can be justified within the broader mission of medical education. Sustainable integration also depends on leadership recognition. Governance scholarship emphasizes that institutional change is often driven by how leaders frame organizational purpose and align structures accordingly (Kezar, 2014). When leadership explicitly situates medical humanities within the strategic architecture of talent cultivation, organizational legitimacy follows.

6. Conclusion

This paper has argued that the integration of medical humanities into medical talent cultivation under the education–technology–talent integration framework is fundamentally an institutional challenge. Focusing on training schemes, evaluation mechanisms, and organizational structures, the analysis has demonstrated that meaningful integration cannot be achieved through isolated curricular initiatives or symbolic endorsement alone. At the level of training schemes, institutional embedding requires articulating medical humanities as a constitutive dimension of talent cultivation objectives, shaping professional identity rather than supplementing technical training. At the level of evaluation mechanisms, integration depends on recognizing epistemic diversity and aligning incentives with stated values, while preserving the intellectual integrity of humanistic inquiry. At the organizational level, sustainable integration is conditioned by structural positioning, governance participation, and resource legitimacy. Taken together, these dimensions form an interdependent institutional pathway. Training schemes establish normative orientation, evaluation mechanisms translate values into incentives, and organizational structures provide the governance infrastructure through which integration is enacted and sustained. Weakness at any one level undermines the coherence of the whole. Importantly, this paper has deliberately avoided discussion of classroom practices or pedagogical techniques. Its contribution lies in clarifying the institutional logic through which medical humanities can function as an integral element of medical talent cultivation within integrated development frameworks. By shifting attention from

instructional detail to governance design, the analysis highlights the structural conditions that enable humanistic values to exert lasting influence on medical professionalism.

In the context of education–technology–talent integration, such institutional clarity is essential. Integrated development requires not only coordination of functions, but alignment of values. Medical humanities contributes to this alignment by articulating the human purposes of medical knowledge and technological capability. When institutionally embedded, it helps ensure that talent development remains oriented toward human well-being rather than reduced to performance optimization alone.

Author Contributions:

All authors have read and agreed to the published version of the manuscript.

Funding:

This research received no external funding.

Institutional Review Board Statement:

Not applicable.

Informed Consent Statement:

Not applicable.

Data Availability Statement:

Not applicable.

Conflict of Interest:

The authors declare no conflict of interest.

References

- Biesta, G. (2010). Good education in an age of measurement: Ethics, politics, democracy. Paradigm Publishers.
- Bleakley, A. (2015). Medical humanities and medical education: How the medical humanities can shape better doctors. Routledge.
- Charon, R. (2006). Narrative medicine: Honoring the stories of illness. Oxford University Press.
- Clark, B. R. (1998). Creating entrepreneurial universities: Organizational pathways of transformation. Pergamon.
- Cooke, M., Irby, D. M., & O'Brien, B. C. (2010). Educating physicians: A call for reform of medical school and residency. Jossey-Bass.
- Flexner, A. (2002). Medical education in the United States and Canada. Carnegie Foundation for the Advancement of Teaching. Bull World Health Organ, 80(7), 594-602.
- Frenk, J., Chen, L., Bhutta, Z. A., Cohen, J., Crisp, N., Evans, T., ... Zurayk, H. (2010). Health professionals for a new century: Transforming education to strengthen health systems in an

- interdependent world. *The Lancet*, 376(9756), 1923–1958. [https://doi.org/10.1016/S0140-6736\(10\)61854-5](https://doi.org/10.1016/S0140-6736(10)61854-5)
- Kezar, A. (2014). *How colleges change: Understanding, leading, and enacting change*. Routledge.
- Lamont, M. (2009). *How professors think: Inside the curious world of academic judgment*. Harvard University Press.
- Marginson, S. (2011). Higher education and public good. *Higher Education Quarterly*, 65(4), 411–433. <https://doi.org/10.1111/j.1468-2273.2011.00496.x>
- Marginson, S., & Rhoades, G. (2002). Beyond national states, markets, and systems of higher education: A glonacal agency heuristic. *Higher Education*, 43(3), 281–309.
- Montgomery, K. (2006). *How doctors think: Clinical judgment and the practice of medicine*. Oxford University Press.
- Muller, J. Z. (2018). *The tyranny of metrics*. Princeton University Press.
- Pellegrino, E. D. (2002). Professionalism, profession and the virtues of the good physician. *Mount Sinai Journal of Medicine*, 69(6), 378–384.
- Pellegrino, E. D., & Thomasma, D. C. (1993). *The virtues in medical practice*. Oxford University Press.
- Wear, D., & Aultman, J. M. (2005). *Professionalism in medicine: Critical perspectives*. Springer.

License: Copyright (c) 2025 Author.

All articles published in this journal are licensed under the Creative Commons Attribution 4.0 International License (CC BY 4.0). This license permits unrestricted use, distribution, and reproduction in any medium, provided the original author(s) and source are properly credited. Authors retain copyright of their work, and readers are free to copy, share, adapt, and build upon the material for any purpose, including commercial use, as long as appropriate attribution is given.

Ethical Risks in Medical Artificial Intelligence and the Normative Function of Medical Humanities: A Study of AI and Emerging Medical Technologies

Liwei Liu ^{1,*}

¹ Shenzhen Open University, Shenzhen 518001, China

*** Correspondence:**

Liwei Liu

liwei082313@163.com

Received: 10 December 2025/Accepted: 27 December 2025/Published online: 31 December 2025

Abstract

The rapid expansion of artificial intelligence and emerging digital technologies in medicine has fundamentally reshaped clinical decision-making, healthcare governance, and biomedical knowledge production. While medical artificial intelligence promises enhanced efficiency, diagnostic accuracy, and system optimization, it simultaneously generates complex ethical risks that challenge traditional medical norms and regulatory approaches. Existing discussions of medical AI ethics often prioritize technical safeguards, algorithmic transparency, or regulatory compliance, yet they frequently underestimate the need for deeper normative reflection on responsibility, moral agency, and the meaning of care. This paper argues that medical humanities plays an indispensable normative role in identifying, interpreting, and addressing the ethical risks embedded in medical AI applications. Focusing explicitly on artificial intelligence and frontier medical technologies, the study analyzes the structural sources of ethical risk in algorithm-driven medicine and examines how medical humanities contributes to ethical norm construction beyond procedural governance. By situating medical AI within humanistic concerns such as moral responsibility, interpretive judgment, and human dignity, the paper demonstrates that medical humanities is essential for ethically robust and socially legitimate AI-enabled healthcare.

Keywords: Medical Artificial Intelligence; Ethical Risk; Medical Humanities; Normative Framework; Emerging Medical Technologies

1. Introduction

Artificial intelligence has become an increasingly influential force in contemporary medicine. Machine learning algorithms are now widely applied in medical imaging, diagnostic decision support, risk stratification, and predictive modeling, while frontier technologies such as big data analytics, algorithmic triage systems, and digital health platforms continue to reshape healthcare

delivery and clinical governance (Topol, 2019; Rajkomar, Dean, & Kohane, 2019). These developments signal not merely a technological upgrade, but a structural transformation in how medical knowledge is generated, validated, and applied.

Alongside their potential benefits, medical AI systems introduce ethical risks that exceed the scope of traditional medical ethics. Unlike earlier medical technologies, AI systems increasingly participate in epistemic and normative dimensions of practice, influencing how clinical judgments are formed and how responsibility is distributed (Floridi et al., 2018). Decisions that were once grounded in professional expertise and interpersonal interaction are now mediated by computational processes that may be opaque, probabilistic, and detached from individual clinical narratives. In response, a rapidly growing literature on AI ethics and digital health governance has emerged. Much of this literature focuses on developing ethical principles, regulatory frameworks, and technical design requirements, such as transparency, explainability, and fairness (Jobin, Ienca, & Vayena, 2019). While these approaches are necessary, they often frame ethical risk as a problem of system malfunction or regulatory deficiency. Ethical challenges are treated as issues to be managed through compliance mechanisms rather than as symptoms of deeper normative tensions within medical practice.

This paper adopts a different analytical stance. It argues that ethical risks in medical AI are not merely operational or technical problems, but manifestations of structural transformations in the moral foundations of medicine. These transformations concern how judgment is exercised, how responsibility is attributed, and how patients are recognized as moral subjects within technologically mediated systems. Addressing such risks requires normative resources that extend beyond procedural ethics and regulatory control. Medical humanities provides precisely such resources. As an interdisciplinary field drawing on philosophy, ethics, history, and interpretive social inquiry, medical humanities conceptualizes medicine as a human practice embedded in values, meanings, and moral commitments (Evans, Ahlén, Heath, & Macnaughton, 2016). In the context of medical AI, medical humanities contributes not by offering technical solutions, but by clarifying ethical concepts, articulating normative expectations, and sustaining critical reflection on the purposes of medical practice. Importantly, this study does not examine specific algorithms, clinical cases, or educational interventions. Instead, it focuses on ethical risk at a conceptual and structural level, asking how AI and emerging medical technologies reshape the normative landscape of medicine and how medical humanities functions as a source of ethical normativity in response. By explicitly limiting its scope to AI and frontier medical technologies, the paper aims to clarify the distinctive ethical challenges posed by computational medicine and the normative role of medical humanities in addressing them.

2. Medical Artificial Intelligence as a Source of Structural Ethical Risk

Ethical risk in medical AI does not arise solely from errors, misuse, or insufficient regulation. Rather, it is embedded in the structural characteristics of algorithmic decision-making and data-driven healthcare systems. Understanding these risks requires shifting attention from isolated

ethical dilemmas to the ways in which AI transforms the normative architecture of medical practice itself.

2.1. Algorithmic Mediation and the Transformation of Clinical Judgment

One of the most significant ethical implications of medical AI lies in its mediation of clinical judgment. AI systems increasingly influence diagnostic reasoning, prognostic assessment, and treatment selection, often by processing vast datasets and identifying statistical patterns beyond human cognitive capacity (Esteva et al., 2017). Although such systems are typically described as decision-support tools, their epistemic authority can substantially shape clinical behavior.

From an ethical standpoint, this mediation alters the character of judgment in medicine. Clinical judgment has traditionally been understood as a practice that integrates scientific knowledge, experiential insight, and moral responsibility toward individual patients (Montgomery, 2006). When algorithmic recommendations become dominant reference points, clinicians may experience a shift from active interpretive judgment to passive endorsement of system outputs.

Medical humanities highlights that judgment in medicine is not value-neutral computation, but a moral activity involving interpretation, responsibility, and responsiveness to context. Ethical risk emerges when algorithmic mediation diminishes the space for reflective judgment, thereby weakening the moral agency of clinicians even in the absence of technical error.

2.2. Opacity, Explainability, and Moral Accountability

A second structural source of ethical risk arises from the opacity of many AI systems. Machine learning models, particularly those based on deep neural networks, often lack transparent reasoning processes that can be meaningfully explained to clinicians or patients (Burrell, 2016). In medicine, where trust and accountability are central ethical norms, such opacity poses serious challenges. Accountability in medical practice presupposes the ability to provide reasons for decisions, to justify actions in moral and professional terms, and to engage in communicative relationships with patients. When clinical decisions are significantly influenced by systems that cannot offer intelligible explanations, the moral basis of accountability is undermined (London, 2019). Medical humanities contributes to ethical analysis by emphasizing that responsibility is not merely a legal or procedural concept, but a relational and narrative one. Ethical risk arises not only when harm occurs, but when the conditions for moral explanation and justification are eroded by technological opacity.

2.3. Datafication, Bias, and the Moral Recognition of Patients

AI-driven medicine relies on large-scale datafication, transforming patients into sources of data for algorithmic modeling. While this process enables predictive analytics and population-level insights, it also introduces ethical risks related to bias, exclusion, and moral recognition (Obermeyer et al., 2019).

Bias in medical AI is often discussed in statistical terms, such as unequal error rates across demographic groups. From a humanistic perspective, however, bias also represents a failure of moral recognition. When patients are primarily encountered as data points, their lived experiences, social contexts, and individual narratives may be obscured. Medical humanities underscores the

importance of narrative understanding and person-centered recognition in ethical medical practice (Charon, 2006). Ethical risk arises when data-driven abstraction conflicts with the humanistic commitment to treat patients as moral subjects rather than interchangeable instances within datasets.

3. Typologies of Ethical Risk in Medical Artificial Intelligence and Frontier Medical Technologies

Ethical risks in medical artificial intelligence are neither accidental nor merely derivative of technical malfunction. Rather, they emerge from the ways in which AI systems restructure epistemic authority, redistribute responsibility, and redefine the moral relationships at the heart of medical practice. To clarify the normative challenges posed by AI and frontier medical technologies, it is analytically useful to distinguish several interrelated types of ethical risk. These typologies do not represent isolated problems; instead, they illuminate overlapping dimensions of ethical vulnerability that require humanistic interpretation and normative judgment.

3.1. Responsibility Gaps and the Fragmentation of Moral Agency

One of the most widely discussed ethical risks associated with medical AI is the emergence of responsibility gaps. In traditional medical practice, responsibility for clinical decisions is largely attributable to identifiable agents—physicians, healthcare teams, or institutions—whose judgments can be evaluated and justified. AI systems complicate this structure by introducing distributed decision-making processes involving developers, data curators, clinicians, institutions, and automated systems (Matthias, 2004; Floridi et al., 2018). In AI-mediated medicine, outcomes often result from interactions among multiple actors and algorithmic processes, making it difficult to identify a single morally responsible agent. When adverse outcomes occur, responsibility may be diffused across technical design choices, data quality, institutional deployment decisions, and clinical use. This diffusion creates ethical uncertainty rather than simple liability failure. From the perspective of medical humanities, this risk is not merely procedural but normative. Moral agency in medicine has historically been grounded in the capacity of practitioners to deliberate, decide, and answer for their actions. Responsibility gaps threaten this moral architecture by weakening the link between action and accountability. Medical humanities emphasizes that responsibility is not exhausted by causal attribution; it involves moral authorship, narrative explanation, and ethical self-understanding (Pellegrino & Thomasma, 1993). Ethical risk thus arises when AI systems undermine the conditions under which clinicians can meaningfully assume responsibility, even if formal accountability mechanisms remain in place. Addressing such risk requires normative clarification of responsibility that cannot be achieved through technical design alone.

3.2. Algorithmic Injustice and the Reproduction of Structural Inequality

A second major category of ethical risk concerns fairness and justice. AI systems in medicine are typically trained on large datasets that reflect existing social, economic, and healthcare inequalities. As a result, algorithmic outputs may systematically disadvantage certain populations, even when systems perform well according to aggregate accuracy metrics (Obermeyer et al., 2019; Benjamin, 2019). In medical contexts, algorithmic injustice may manifest in biased risk predictions, unequal access to advanced diagnostics, or differential treatment recommendations

across demographic groups. While technical approaches to fairness seek to adjust models to reduce bias, such efforts often address symptoms rather than underlying normative issues.

Medical humanities contributes a broader ethical lens by situating algorithmic injustice within historical and social contexts. Inequality in AI systems is not merely a data problem, but a reflection of deeper patterns of exclusion and marginalization in healthcare and society. Humanistic inquiry emphasizes that justice in medicine involves moral recognition, respect for persons, and responsiveness to lived experience—not solely statistical parity (Daniels, 2008). Ethical risk arises when algorithmic systems normalize injustice under the guise of objectivity. Medical humanities challenges this normalization by foregrounding ethical questions about whose lives are valued, whose suffering is rendered visible, and whose interests are prioritized in technological design and deployment.

3.3. Value Misalignment and the Reconfiguration of Medical Ends

Beyond responsibility and justice, AI introduces ethical risk through value misalignment. AI systems are typically optimized for specific objectives, such as efficiency, accuracy, or cost reduction. While these goals may align with certain institutional priorities, they do not necessarily correspond to the normative ends of medicine, which include care, compassion, and the promotion of human flourishing (Beauchamp & Childress, 2019). In AI-driven healthcare systems, there is a risk that technical optimization subtly reshapes the goals of medical practice. For example, prioritizing predictive accuracy may marginalize contextual judgment, while emphasizing efficiency may reduce time for patient engagement. These shifts do not require explicit ethical transgression; they emerge gradually through system design and performance metrics.

Medical humanities plays a critical role in identifying such value shifts. By interrogating the purposes of medicine and the meanings of care, humanistic analysis reveals ethical risks that are invisible to purely instrumental frameworks. Value misalignment becomes ethically significant not when harm is immediate, but when the orientation of practice drifts away from its humanistic foundations (Verghese, Shah, & Harrington, 2018).

This type of ethical risk underscores the importance of normative reflection prior to and alongside technological deployment. Medical humanities does not oppose optimization per se, but insists that technological goals be evaluated against broader ethical commitments that define medicine as a moral practice.

3.4. Dehumanization and the Erosion of Person-Centered Care

A further ethical risk associated with medical AI is the potential dehumanization of care. As AI systems process patients primarily as data profiles, risk scores, or diagnostic categories, there is a danger that individual persons are reduced to algorithmically legible attributes. Such reduction does not require malicious intent; it can arise from the routine operation of data-driven systems.

Dehumanization in this context refers not to overt mistreatment, but to the gradual erosion of relational and narrative dimensions of care. When clinical encounters are structured around algorithmic outputs, patient stories, emotions, and subjective meanings may be sidelined. Medical

humanities has long emphasized that illness is not merely a biological event, but a lived experience that requires interpretive engagement (Kleinman, 1988).

Ethical risk arises when technological mediation diminishes the moral salience of personhood. From a humanistic standpoint, ethical medicine requires recognition of patients as agents with values, histories, and social identities. AI systems that privilege abstraction over interpretation threaten this recognition, even when clinical outcomes improve.

3.5. Moral Deskillling and the Atrophy of Ethical Judgment

Medical AI introduces ethical risk through the phenomenon of moral deskilling. As clinicians increasingly rely on algorithmic recommendations, opportunities for exercising ethical judgment may diminish. Over time, this reliance can lead to reduced confidence or capacity for independent moral reasoning, particularly in complex or ambiguous situations (Coeckelbergh, 2020). Moral deskilling differs from technical dependency. It concerns the erosion of practical wisdom—the ability to navigate uncertainty, weigh competing values, and respond sensitively to unique circumstances. Medical humanities conceptualizes such wisdom as central to ethical medical practice, cultivated through reflection, experience, and engagement with human narratives. Ethical risk emerges when AI systems displace rather than support moral deliberation. Even if systems perform accurately, their dominance may weaken the moral agency of practitioners, reducing ethics to compliance with system outputs. Addressing this risk requires normative frameworks that reaffirm the role of human judgment in ethically charged decisions.

4. The Normative Functions of Medical Humanities in Governing Ethical Risk

While Part II analyzed the typologies of ethical risk generated by medical artificial intelligence, ethical risk identification alone is insufficient for normative governance. Risk analysis must be accompanied by normative resources capable of interpreting moral meaning, articulating value commitments, and guiding responsible action in contexts of uncertainty. This section argues that medical humanities performs four interrelated normative functions in the governance of ethical risk in medical AI: conceptual clarification, value articulation and prioritization, reconstruction of moral responsibility, and preservation of human dignity and meaning. Together, these functions enable ethical governance to move beyond procedural compliance toward substantive moral orientation.

4.1. Conceptual Clarification: Interpreting Ethical Risk beyond Technical Vocabulary

One of the primary normative contributions of medical humanities lies in conceptual clarification. Ethical debates surrounding medical AI are often conducted using technical or regulatory language, such as “accuracy,” “robustness,” “bias,” or “explainability.” While these terms are indispensable for system design and oversight, they do not exhaust the moral significance of AI-mediated medical practice. Medical humanities introduces interpretive concepts—such as judgment, care, responsibility, and personhood—that allow ethical risks to be understood as moral phenomena rather than technical anomalies. For example, algorithmic opacity is frequently discussed as a problem of explainability. From a humanistic perspective, however, opacity also implicates the ethical requirement of reason-giving in medicine, which underpins trust, consent, and accountability (London, 2019). By clarifying such concepts, medical

humanities reframes ethical risk as a challenge to the moral grammar of medical practice. This reframing is essential for avoiding category errors in ethical governance, where moral concerns are mistakenly treated as engineering problems. Conceptual clarification thus serves as the first step in normative governance, enabling stakeholders to recognize what is ethically at stake when AI systems are introduced into medical contexts.

4.2. Value Articulation and Prioritization in AI-Mediated Medicine

A second normative function of medical humanities is the articulation and prioritization of values. Medical AI systems are inherently value-laden, as they embed assumptions about what outcomes matter, whose interests are prioritized, and which trade-offs are acceptable. However, these values are often implicit, embedded in optimization targets, performance metrics, or institutional incentives. Medical humanities provides a framework for making such values explicit and subject to ethical deliberation. Drawing on ethical theory and philosophical reflection, it interrogates how values such as efficiency, accuracy, equity, compassion, and respect for autonomy interact—and sometimes conflict—in AI-mediated medicine (Beauchamp & Childress, 2019). Crucially, medical humanities does not merely list values; it contributes to value prioritization. In situations where AI systems optimize for system-level efficiency at the expense of individual patient experience, humanistic inquiry raises questions about the proper ends of medicine. It emphasizes that technological success does not automatically translate into ethical legitimacy. Value articulation grounded in medical humanities thus provides normative orientation for evaluating AI systems not only by what they achieve, but by what they are for.

4.3. Reconstruction of Moral Responsibility under Algorithmic Mediation

A third normative function concerns the reconstruction of moral responsibility. As discussed in Part II, medical AI generates responsibility gaps by fragmenting agency across human and non-human actors. Technical approaches to responsibility often focus on assigning liability or defining accountability chains. While necessary, these approaches risk reducing responsibility to legal compliance. Medical humanities contributes a richer understanding of responsibility as a moral practice rather than a procedural allocation. Responsibility in medicine involves attentiveness to patient vulnerability, willingness to answer for one's decisions, and engagement in moral reasoning under uncertainty (Pellegrino & Thomasma, 1993). When AI systems mediate decision-making, these dimensions of responsibility are not eliminated, but transformed. Through ethical reflection and narrative analysis, medical humanities helps reconstruct responsibility in AI-mediated contexts by reaffirming the role of human agents as moral interpreters of technological outputs. Rather than treating AI recommendations as authoritative commands, clinicians are understood as ethically responsible for contextualizing, interpreting, and, when necessary, resisting algorithmic guidance. This reconstruction preserves moral agency without denying the epistemic contributions of AI.

4.4. Preserving Human Dignity and Meaning in Data-Driven Care

A fourth and foundational normative function of medical humanities is the preservation of human dignity and meaning in data-driven medicine. AI systems tend to abstract patients into datasets, risk profiles, and predictive scores. While abstraction is a necessary feature of large-

scale analytics, it carries the ethical risk of dehumanization. Medical humanities counters this risk by emphasizing the narrative and experiential dimensions of illness. Illness is not merely a biological deviation, but a disruption of lived meaning that affects identity, relationships, and moral self-understanding (Kleinman, 1988). Ethical medicine therefore requires engagement with patients as persons whose experiences cannot be fully captured by algorithmic representation. By foregrounding dignity and meaning, medical humanities provides a normative counterweight to the instrumental rationality of AI systems. It insists that ethical governance must ensure that technological mediation does not erode the relational foundations of care. This function is particularly critical in frontier medical technologies, where automation risks distancing practitioners from the human realities of illness.

4.5. Medical Humanities as a Normative Mediator between Technology and Ethics

Taken together, these normative functions position medical humanities as a mediator between technological rationality and ethical responsibility. Rather than opposing AI or rejecting technological innovation, medical humanities interprets and evaluates AI within a broader moral horizon. It translates technical developments into ethical questions and transforms abstract values into concrete normative guidance. This mediating role is especially important in contexts where ethical governance risks becoming proceduralized. Checklists, principles, and compliance frameworks are necessary but insufficient for addressing the moral complexity of AI-driven medicine. Medical humanities sustains ethical reflection by maintaining attention to meaning, judgment, and human vulnerability. In this sense, medical humanities does not function as an external constraint on technological progress. It operates as an internal normative resource that shapes how medicine understands itself in the age of artificial intelligence. By enabling conceptual clarity, value articulation, responsibility reconstruction, and dignity preservation, medical humanities contributes to an ethical framework capable of governing medical AI in a manner consistent with the moral foundations of medicine.

5. Toward a Humanistically Grounded Ethical Framework for Medical AI Governance

(1) From Risk Identification to Normative Governance

The preceding sections have demonstrated that ethical risks in medical artificial intelligence are not incidental side effects of technological innovation, but structural features of algorithm-driven medicine. Responsibility gaps, algorithmic injustice, value misalignment, dehumanization, and moral deskilling arise from the ways in which AI systems reorganize epistemic authority, moral agency, and professional practice. Addressing these risks requires more than reactive regulation or technical safeguards. Normative governance differs fundamentally from risk management. Whereas risk management seeks to minimize harm through control mechanisms, normative governance aims to orient technological development toward ethically legitimate ends. In the context of medical AI, such orientation must be grounded in an understanding of medicine as a moral practice rather than a purely technical enterprise. This is precisely where medical humanities plays a central role. Medical humanities enables a transition from fragmented ethical responses to an integrated normative framework. By clarifying ethical concepts, articulating

values, reconstructing responsibility, and preserving human dignity, it provides the intellectual infrastructure necessary for sustained ethical governance in AI-mediated medicine.

(2) Core Normative Principles Informed by Medical Humanities

A humanistically grounded ethical framework for medical AI governance does not replace existing principles such as safety, transparency, or accountability. Instead, it deepens and contextualizes them by embedding these principles within a broader moral horizon. Several core normative orientations emerge from medical humanities scholarship. First, interpretive responsibility must be recognized as a foundational norm. AI systems do not absolve clinicians of moral responsibility; rather, they transform the conditions under which responsibility is exercised. Clinicians remain ethically accountable for interpreting algorithmic outputs in light of patient context, values, and vulnerability. This principle resists the moral displacement that can accompany automation. Second, person-centered moral recognition must guide AI deployment. Ethical governance requires that patients be treated not merely as data sources or risk profiles, but as persons with narratives, identities, and moral claims. Medical humanities emphasizes that ethical medicine involves responsiveness to lived experience, which cannot be fully captured by predictive models. Third, value reflexivity must be institutionalized. AI systems embed implicit value hierarchies through optimization goals and performance metrics. A humanistically informed framework requires continuous reflection on whether these embedded values align with the moral purposes of medicine. Efficiency and accuracy, while important, must be evaluated against commitments to care, equity, and human flourishing. Fourth, ethical humility should guide technological ambition. Medical humanities reminds us that uncertainty, ambiguity, and moral complexity are intrinsic to medicine. Ethical governance must therefore resist overconfidence in technological solutions and preserve space for doubt, dialogue, and moral deliberation.

(3) Integrating Medical Humanities into AI Ethical Governance Structures

The normative contributions of medical humanities cannot remain abstract. For ethical governance to be effective, these contributions must inform governance structures at multiple levels, including policy formulation, institutional oversight, and professional self-regulation. At the policy level, medical humanities provides conceptual resources for framing ethical guidelines that go beyond procedural checklists. Instead of treating ethics as an external constraint, policy frameworks can acknowledge the moral purposes of medicine and the interpretive responsibilities of practitioners.

At the institutional level, ethical governance bodies overseeing AI deployment benefit from humanistic expertise capable of interpreting ethical risk in context-sensitive ways. Medical humanities scholars contribute to ethical deliberation not by offering definitive answers, but by sustaining critical reflection on meaning, value, and responsibility.

At the professional level, ethical governance requires reinforcing the moral agency of clinicians. AI systems should be positioned as epistemic aids rather than normative authorities. Medical humanities supports this positioning by articulating the ethical dimensions of judgment and care that remain irreducibly human.

(4) Avoiding Instrumentalization of Ethics

A significant danger in AI ethics discourse is the instrumentalization of ethics itself. Ethical principles risk becoming tools for legitimizing technological deployment rather than frameworks for critical evaluation. When ethics is reduced to compliance, its normative force is weakened. Medical humanities resists this instrumentalization by insisting that ethics is an ongoing interpretive practice rather than a set of static rules. Ethical governance, from this perspective, is not a one-time certification process but a continuous engagement with evolving moral questions. This orientation is especially important in frontier medical technologies, where rapid innovation outpaces formal regulation. By maintaining ethical reflection as a living practice, medical humanities helps ensure that AI governance remains responsive to human values rather than subordinated to technological momentum.

6. Conclusion

This paper has argued that ethical risks in medical artificial intelligence are structural challenges that cannot be adequately addressed through technical design or regulatory compliance alone. AI and emerging medical technologies transform the normative foundations of medicine by reshaping judgment, responsibility, and human recognition. In this context, medical humanities plays an indispensable normative role. Through conceptual clarification, value articulation, responsibility reconstruction, and the preservation of human dignity and meaning, medical humanities provides the ethical orientation necessary for governing medical AI in a morally legitimate manner. Rather than opposing technological innovation, it mediates between technological rationality and human values, ensuring that medicine remains a humane practice in an age of artificial intelligence. As AI continues to expand its influence across medical domains, the relevance of medical humanities will only increase. Ethical governance grounded in humanistic reflection offers not a constraint on innovation, but a condition for its moral sustainability. Recognizing this normative function is essential for ensuring that the future of medical AI serves human well-being rather than undermining the ethical foundations of medicine itself.

Author Contributions:

All authors have read and agreed to the published version of the manuscript.

Funding:

This research received no external funding.

Institutional Review Board Statement:

Not applicable.

Informed Consent Statement:

Not applicable.

Data Availability Statement:

Not applicable.

Conflict of Interest:

The authors declare no conflict of interest.

References

- Beauchamp, T. L., & Childress, J. F. (2019). *Principles of biomedical ethics* (8th ed.). Oxford University Press.
- Benjamin, R. (2019). *Race after technology: Abolitionist tools for the new Jim Code*. Polity Press.
- Burrell, J. (2016). How the machine “thinks”: Understanding opacity in machine learning algorithms. *Big Data & Society*, 3(1), 1–12.
- Charon, R. (2006). *Narrative medicine: Honoring the stories of illness*. Oxford University Press.
- Coeckelbergh, M. (2020). *AI ethics*. MIT Press.
- Daniels, N. (2008). *Just health: Meeting health needs fairly*. Cambridge University Press.
- Esteva, A., Kuprel, B., Novoa, R. A., et al. (2017). Dermatologist-level classification of skin cancer with deep neural networks. *Nature*, 542(7639), 115–118.
- Evans, M., Ahlén, R., Heath, I., & Macnaughton, J. (2016). Medical humanities. In E. J. Cassell & T. J. Buchanan (Eds.), *The Oxford handbook of medical ethics and law* (pp. 463–482). Oxford University Press.
- Floridi, L., Cowls, J., Beltrametti, M., et al. (2018). AI4People—An ethical framework for a good AI society. *Minds and Machines*, 28(4), 689–707.
- Jobin, A., Ienca, M., & Vayena, E. (2019). The global landscape of AI ethics guidelines. *Nature Machine Intelligence*, 1(9), 389–399.
- Kleinman, A. (1988). *The illness narratives: Suffering, healing, and the human condition*. Basic Books.
- London, A. J. (2019). Artificial intelligence and black-box medical decisions: Accuracy versus explainability. *Hastings Center Report*, 49(1), 15–21.
- Matthias, A. (2004). The responsibility gap: Ascribing responsibility for the actions of learning automata. *Ethics and Information Technology*, 6(3), 175–183.
- Montgomery, K. (2006). *How doctors think: Clinical judgment and the practice of medicine*. Oxford University Press.
- Obermeyer, Z., Powers, B., Vogeli, C., & Mullainathan, S. (2019). Dissecting racial bias in an algorithm used to manage the health of populations. *Science*, 366(6464), 447–453.
- Pellegrino, E. D., & Thomasma, D. C. (1993). *The virtues in medical practice*. Oxford University Press.
- Rajkomar, A., Dean, J., & Kohane, I. (2019). Machine learning in medicine. *New England Journal of Medicine*, 380(14), 1347–1358.
- Topol, E. (2019). *Deep medicine: How artificial intelligence can make healthcare human again*. Basic Books.

Verghese, A., Shah, N. H., & Harrington, R. A. (2018). What this computer needs is a physician. JAMA, 319(1), 19–20.

License: Copyright (c) 2025 Author.

All articles published in this journal are licensed under the Creative Commons Attribution 4.0 International License (CC BY 4.0). This license permits unrestricted use, distribution, and reproduction in any medium, provided the original author(s) and source are properly credited. Authors retain copyright of their work, and readers are free to copy, share, adapt, and build upon the material for any purpose, including commercial use, as long as appropriate attribution is given.

The Role of Medical Humanities Talent in the Modernization of Public Health Governance

Guanhua Liu ^{1,*}

¹ Wenzhou Medical University, Wenzhou 330300, China

*** Correspondence:**

Guanhua Liu

liugh.wmu1202@gmail.com

Received: 10 December 2025/Accepted: 27 December 2025/Published online: 31 December 2025

Abstract

The modernization of public health governance has become a central concern for contemporary societies facing complex health risks, technological transformation, and increasing demands for social trust and ethical legitimacy. While existing research has emphasized institutional capacity, technological infrastructure, and policy coordination, relatively limited attention has been paid to the role of humanistic expertise in shaping governance capability. This paper argues that medical humanities talent constitutes a critical yet underexamined form of governance support in modern public health systems. Rather than focusing on educational pathways or professional training, the study examines how medical humanities professionals contribute to public health governance through ethical interpretation, social communication, value mediation, and trust-building. Drawing on theories of social governance and public health ethics, the paper analyzes the functional mechanisms through which medical humanities talent enhances governance rationality and legitimacy in the context of public health modernization. It concludes that medical humanities talent is not auxiliary to governance, but an essential component of governance capacity in complex health societies.

Keywords: Medical Humanities; Public Health Governance; Governance Modernization; Humanistic Expertise; Social Trust

1. Introduction

Public health governance has entered an era of profound transformation. Global pandemics, chronic disease burdens, environmental risks, and rapid technological change have exposed the limitations of governance models that rely primarily on administrative authority and technical expertise. In response, many countries have emphasized the modernization of public health governance, seeking to enhance not only institutional efficiency but also ethical legitimacy, social coordination, and public trust. Governance modernization in public health extends beyond improving service delivery or emergency response capacity. It involves the ability to interpret

health risks in socially meaningful ways, mediate value conflicts, and maintain public confidence in conditions of uncertainty (Kickbusch & Gleicher, 2012). These challenges highlight the importance of normative and interpretive capacities alongside technical and administrative ones.

Within this context, medical humanities has attracted growing interest as a source of ethical reflection, narrative understanding, and social insight. However, existing discussions often approach medical humanities indirectly, framing it as an educational supplement for clinicians or as a cultural enrichment for healthcare systems. Such perspectives underestimate the role of medical humanities talent in public health governance itself.

This paper advances a different argument. It contends that medical humanities talent—professionals trained in ethics, philosophy, history, sociology, and narrative analysis of medicine—plays a substantive role in enhancing public health governance capacity. Their contribution lies not in technical decision-making, but in supporting governance processes that require moral interpretation, public communication, and trust-building. Importantly, this study does not focus on how such talent is cultivated within educational systems. Instead, it examines how medical humanities expertise functions within governance contexts, influencing how public health issues are framed, debated, and addressed. By shifting attention from education to governance, the paper seeks to clarify the structural role of medical humanities talent in the modernization of public health governance.

2. Public Health Governance Modernization: A Theoretical Perspective

The concept of governance modernization reflects a shift from hierarchical administration toward more complex, networked forms of coordination involving multiple actors and forms of rationality. In public health, governance modernization is driven by the recognition that health risks are socially embedded and ethically charged, requiring more than technical solutions (Frenk & Moon, 2013).

(1) From Government to Governance in Public Health

Traditional public health governance relied heavily on centralized authority and expert-led decision-making. While effective in certain contexts, this model has struggled to address contemporary health challenges characterized by uncertainty, plural values, and public scrutiny. As a result, scholars increasingly emphasize governance rather than government, highlighting processes of negotiation, communication, and legitimacy (Kooiman, 2003). In this governance-oriented framework, the success of public health interventions depends not only on policy design but also on public understanding, ethical justification, and social acceptance. Governance capacity thus includes interpretive and normative dimensions alongside administrative competence.

(2) Normative Complexity in Public Health Decision-Making

Public health decisions often involve trade-offs between competing values, such as individual liberty and collective welfare, efficiency and equity, or innovation and precaution. These trade-offs cannot be resolved through technical analysis alone; they require ethical judgment and public deliberation (Gostin, 2008). The modernization of public health governance therefore entails

developing institutional mechanisms capable of handling normative complexity. This includes the capacity to articulate ethical reasons for policy choices and to engage diverse publics in meaningful dialogue. Medical humanities provides conceptual and analytical tools well suited to this task.

(3) Governance Capacity beyond Technical Expertise

A key insight of contemporary governance theory is that capacity is multidimensional. Effective governance requires not only expertise and resources, but also legitimacy, trust, and social coherence (Pierre & Peters, 2000). In public health, where policies directly affect bodily integrity and everyday life, legitimacy is particularly critical. This theoretical perspective provides the foundation for analyzing the role of medical humanities talent. Such talent contributes to governance capacity by supporting ethical reasoning, facilitating communication between experts and the public, and interpreting health issues in ways that resonate with social values.

3. Medical Humanities Talent as a Governance Resource in Public Health

The modernization of public health governance requires a reconfiguration of what counts as governance capacity. In increasingly complex health societies, effective governance can no longer rely solely on technical expertise, administrative coordination, or epidemiological modeling. While these capacities remain indispensable, they are insufficient for addressing the ethical uncertainty, value conflict, and social fragmentation that characterize contemporary public health challenges. Governance modernization therefore depends on additional forms of capacity that enable institutions to interpret meaning, justify decisions, and sustain public cooperation under conditions of risk and uncertainty. From this perspective, medical humanities talent constitutes a distinct and indispensable form of governance resource. Unlike technical experts who primarily generate data or policy instruments, medical humanities professionals operate through normative reasoning, cultural interpretation, and social mediation. Their contribution lies in shaping how public health problems are understood, how decisions are morally justified, and how governance actions are communicated and received within society. As such, medical humanities talent does not execute policy directly, but supports the conditions under which policy can be perceived as legitimate, intelligible, and worthy of compliance.

3.1. Conceptualizing Medical Humanities Talent as Governance Capacity

Governance capacity is increasingly conceptualized as a multidimensional construct composed of technical, organizational, and normative elements (Pierre & Peters, 2000). In public health, technical capacity enables disease surveillance, modeling, and intervention design, while organizational capacity supports coordination across institutions and sectors. However, normative and interpretive capacities are equally essential, particularly in contexts where governance decisions affect fundamental aspects of human life, bodily integrity, and social relations.

Medical humanities talent contributes primarily to this normative dimension of governance capacity. Such talent typically includes ethicists, sociologists, historians of medicine, narrative scholars, and policy-oriented humanists whose expertise centers on meaning-making, value

interpretation, and moral reasoning. Their role is not to substitute for scientific expertise, but to contextualize it—embedding empirical knowledge within broader ethical, cultural, and social frameworks.

Conceptualizing medical humanities talent as governance capacity shifts analytical attention away from individual qualifications toward systemic function. Rather than asking what specific knowledge medical humanities professionals possess, the more analytically productive question concerns what governance functions their expertise enables. This functional perspective allows for clearer analysis of how humanistic expertise contributes to governance modernization by enhancing legitimacy, coherence, and reflexivity within public health systems.

3.2. Ethical Interpretation and Normative Framing of Public Health Issues

One of the most fundamental governance functions performed by medical humanities talent is ethical interpretation. Public health policies frequently involve interventions that restrict individual freedom, collect sensitive data, or impose unequal burdens across populations. Such interventions raise ethical questions—concerning proportionality, fairness, necessity, and justification—that cannot be resolved through epidemiological evidence alone (Gostin, 2008).

Medical humanities talent supports governance by interpreting these ethical dimensions and articulating normative frames through which public health actions can be evaluated. Ethical interpretation clarifies not only whether a policy is effective, but whether it is morally defensible in light of shared values and social norms. For instance, ethical analysis can explain why restrictive measures may be justified under conditions of collective risk, or why historically marginalized groups may warrant differentiated protection or compensation.

This interpretive function is crucial for transforming technically sound decisions into ethically intelligible governance actions. Without such normative framing, public health policies risk appearing arbitrary, coercive, or purely technocratic. By linking governance actions to widely recognized moral principles—such as fairness, solidarity, and respect for persons—medical humanities enhances the rationality and legitimacy of public health governance (Daniels, 2008).

3.3. Value Mediation in Contexts of Moral Pluralism

Contemporary societies are marked by deep moral pluralism. Public health governance must therefore operate in environments characterized by competing values and contested priorities, including individual autonomy versus collective welfare, economic stability versus precaution, and innovation versus equity. These tensions are not anomalies but structural features of public health decision-making.

Medical humanities talent plays a critical mediating role in this context. Through ethical deliberation and social analysis, humanistic experts help identify the normative assumptions underlying different positions and clarify the trade-offs involved in policy choices. This mediation does not aim to eliminate disagreement, but to render conflict intelligible and manageable within governance processes.

Crucially, value mediation differs from value imposition. Medical humanities does not prescribe a single moral outcome, nor does it seek to enforce consensus. Instead, it facilitates

reasoned engagement among stakeholders by articulating the moral logic of competing claims and fostering mutual understanding. This function aligns with deliberative models of governance that emphasize justification, transparency, and communicative rationality (Habermas, 1996). In doing so, medical humanities talent strengthens the deliberative quality of public health governance and supports decision-making under conditions of value pluralism.

3.4. Public Narrative Construction and Risk Communication

Effective public health governance depends fundamentally on communication. Risk communication is not simply the transmission of scientific information; it involves framing health risks and interventions in ways that resonate with public understanding, experience, and moral concern. When expert discourse diverges sharply from public perception, governance efforts may encounter mistrust, resistance, or misinformation. Medical humanities talent contributes to governance by shaping public narratives around health risks and policy responses. Drawing on narrative theory, cultural analysis, and interpretive social science, humanistic experts help translate technical knowledge into communicative forms that acknowledge fear, uncertainty, and lived experience (Kleinman, 1988). Such narrative construction is particularly important in crisis situations, where anxiety and moral distress may undermine purely informational approaches.

By framing communication as an interpretive and relational process rather than a unidirectional flow of facts, medical humanities enhances governance legitimacy. It enables institutions to engage publics as moral subjects capable of understanding complexity, rather than as passive recipients of expert instruction. In this way, narrative construction becomes a core governance function rather than an ancillary task.

3.5. Trust-Building and the Social Legitimacy of Governance

Trust is a foundational condition for effective public health governance. Without public trust, even technically well-designed policies may fail due to non-compliance, skepticism, or social resistance. Trust cannot be generated through authority alone; it must be cultivated through transparency, ethical consistency, and respect for public concerns (O'Neill, 2002).

Medical humanities talent contributes to trust-building by reinforcing the moral credibility of governance institutions. Ethical reflection, explicit acknowledgment of uncertainty, and sensitivity to social narratives all signal respect for the public as moral agents rather than objects of control. Such signals are particularly important when governance decisions involve unavoidable trade-offs or differential impacts across social groups. From a governance perspective, trust-building is not an optional or secondary benefit, but a core capacity. Medical humanities strengthens this capacity by ensuring that governance actions are ethically intelligible and socially responsive. Over time, this contributes to sustained cooperation and resilience within public health systems..

3.6. Medical Humanities Talent and Reflexive Governance

Medical humanities talent plays a crucial role in supporting reflexive governance—the capacity of institutions to critically examine their own assumptions, practices, and consequences. Reflexivity is increasingly recognized as a defining feature of governance modernization,

particularly in complex and uncertain policy environments (Beck, 1992). Humanistic expertise fosters reflexivity by questioning dominant narratives, exposing blind spots in policy reasoning, and drawing attention to marginalized perspectives. In public health governance, such reflexivity helps prevent technocratic overreach and encourages adaptive learning. Rather than treating governance frameworks as fixed, medical humanities promotes ongoing critical reflection on how governance practices shape social relations and moral outcomes. In this sense, medical humanities talent contributes not only to immediate governance tasks, but to the long-term evolution of governance capacity itself. By sustaining reflexivity, it enables public health governance to remain responsive, ethically grounded, and socially legitimate in the face of changing health challenges.

4. Mechanisms through Which Medical Humanities Talent Enhances Public Health Governance Capacity

4.1. Institutional Deliberation and Ethical Reason-Giving

One key mechanism through which medical humanities talent enhances governance capacity is its contribution to institutional deliberation. Modern public health governance increasingly relies on advisory bodies, ethics committees, and cross-sectoral task forces to address complex health issues. In these settings, decision-making legitimacy depends not only on scientific evidence, but also on the quality of ethical reasoning that accompanies policy choices. Medical humanities professionals contribute to deliberation by articulating ethical justifications for policy options, clarifying normative assumptions, and identifying morally salient implications that may otherwise be overlooked. This function strengthens governance by enabling institutions to offer reasons—not merely decisions—to the public. Reason-giving is central to democratic and participatory models of governance, particularly in public health contexts where policies may impose significant burdens on individuals (Habermas, 1996; Daniels, 2008). By institutionalizing ethical deliberation, medical humanities talent helps transform governance from command-based administration into reflective decision-making, thereby enhancing both rationality and legitimacy.

4.2. Boundary-Spanning between Expertise, Policy, and Society

Public health governance operates at the intersection of scientific expertise, political authority, and social experience. One persistent challenge of modernization lies in bridging the gaps between these domains. Scientific experts may communicate in technical language inaccessible to the public, while policymakers must respond to social concerns that cannot be resolved through data alone. Medical humanities talent functions as a boundary-spanning resource in this context. Humanistic experts are trained to translate between different forms of rationality—scientific, ethical, and experiential—facilitating mutual understanding among stakeholders. This translation is not merely linguistic; it involves interpreting the meanings, values, and social implications of health knowledge. Boundary-spanning enhances governance capacity by reducing misunderstanding, mitigating conflict, and enabling coordinated action across institutional and social boundaries (Star & Griesemer, 1989). In public health, where compliance and cooperation are essential, such mediation is a critical mechanism for effective governance.

4.3. Crisis Governance and Ethical Sense-Making under Uncertainty

Public health crises, such as infectious disease outbreaks or environmental health emergencies, place extraordinary demands on governance systems. Decisions must be made rapidly, often under conditions of scientific uncertainty and social anxiety. In such contexts, ethical sense-making becomes as important as technical accuracy. Medical humanities talent contributes to crisis governance by helping institutions interpret uncertainty and articulate ethical priorities. Rather than presenting uncertainty as failure, humanistic perspectives frame it as an inherent feature of complex risk environments (Beck, 1992). This framing allows governance actors to communicate honestly with the public while maintaining moral credibility. Moreover, ethical sense-making helps prioritize values during crises—for example, balancing protection of vulnerable populations against broader social impacts. By supporting reflective judgment rather than reactive control, medical humanities talent enhances the adaptive capacity of public health governance in emergencies.

4.4. Long-Term Capacity Building and Institutional Learning

Beyond immediate decision-making, governance modernization requires sustained capacity building. Institutions must learn from past experiences, adapt to changing social expectations, and refine governance practices over time. Medical humanities talent contributes to this process by fostering institutional reflexivity. Through historical analysis, ethical evaluation, and critical reflection, humanistic experts help institutions examine how past governance choices have shaped public trust, social inequality, and moral legitimacy. This reflective function supports organizational learning, enabling public health systems to evolve rather than merely respond to crises (Argyris & Schön, 1996). In this sense, medical humanities talent contributes to governance modernization not only by addressing present challenges, but by cultivating the intellectual and moral resources necessary for long-term resilience.

4.5. Enhancing Public Rationality and Civic Engagement

Medical humanities talent enhances governance capacity by contributing to public rationality. Public health governance depends on informed and engaged publics capable of understanding complex health issues and participating in collective decision-making. Medical humanities supports this capacity by shaping public discourse in ways that encourage reflection rather than polarization. By framing health issues in ethical and narrative terms, humanistic expertise helps citizens interpret risks and responsibilities within a shared moral framework. This contribution strengthens civic engagement and supports governance models that rely on cooperation rather than coercion (O'Neill, 2002).

5. Conclusion

This paper has examined the role of medical humanities talent in the modernization of public health governance from a social governance perspective. Moving beyond educational or pedagogical discussions, it has argued that medical humanities professionals constitute a vital form of governance support that enhances institutional rationality, ethical legitimacy, and social

trust. By conceptualizing medical humanities talent as a governance resource, the analysis has highlighted its functional contributions to ethical interpretation, value mediation, public narrative construction, and trust-building. These functions address core challenges of governance modernization, including normative complexity, moral pluralism, and uncertainty. The paper has further demonstrated that medical humanities talent enhances governance capacity through concrete mechanisms: institutional deliberation, boundary-spanning mediation, crisis sense-making, long-term institutional learning, and the cultivation of public rationality. Together, these mechanisms illustrate how humanistic expertise is translated into effective governance capability. Importantly, this study does not suggest that medical humanities replaces scientific or administrative expertise. Rather, it complements these forms of expertise by addressing dimensions of governance that cannot be resolved through technical means alone. In modern public health systems, governance legitimacy depends not only on effectiveness, but also on ethical intelligibility and social acceptance. As public health challenges grow increasingly complex, the need for integrated governance capacity becomes more pressing. Recognizing and institutionalizing the role of medical humanities talent is therefore not a matter of cultural enrichment, but a strategic requirement for governance modernization. Future research may further explore how different governance contexts operationalize this role and how humanistic expertise interacts with technological and institutional innovation.

Author Contributions:

All authors have read and agreed to the published version of the manuscript.

Funding:

This research received no external funding.

Institutional Review Board Statement:

Not applicable.

Informed Consent Statement:

Not applicable.

Data Availability Statement:

Not applicable.

Conflict of Interest:

The authors declare no conflict of interest.

References

- Argyris, C., & Schön, D. A. (1996). *Organizational learning II: Theory, method, and practice*. Addison-Wesley.
- Beck, U. (1992). *Risk society: Towards a new modernity*. Sage.

- Daniels, N. (2008). *Just health: Meeting health needs fairly*. Cambridge University Press.
- Frenk, J., & Moon, S. (2013). Governance challenges in global health. *New England Journal of Medicine*, 368(10), 936–942.
- Gostin, L. O. (2008). *Public health law: Power, duty, restraint* (2nd ed.). University of California Press.
- Habermas, J. (1996). *Between facts and norms: Contributions to a discourse theory of law and democracy*. MIT Press.
- Kickbusch, I., & Gleicher, D. (2012). *Governance for health in the 21st century*. World Health Organization.
- Kleinman, A. (1988). *The illness narratives: Suffering, healing, and the human condition*. Basic Books.
- Kooiman, J. (2003). *Governing as governance*. Sage.
- O'Neill, O. (2002). *A question of trust*. Cambridge University Press.
- Pierre, J., & Peters, B. G. (2000). *Governance, politics and the state*. Macmillan.
- Star, S. L., & Griesemer, J. R. (1989). Institutional ecology, “translations” and boundary objects. *Social Studies of Science*, 19(3), 387–420.

License: Copyright (c) 2025 Author.

All articles published in this journal are licensed under the Creative Commons Attribution 4.0 International License (CC BY 4.0). This license permits unrestricted use, distribution, and reproduction in any medium, provided the original author(s) and source are properly credited. Authors retain copyright of their work, and readers are free to copy, share, adapt, and build upon the material for any purpose, including commercial use, as long as appropriate attribution is given.

A Medical Humanities Literacy–Oriented Holistic Formation Model for Medical Students: A Theoretical Study

Mengmeng Zhang^{1,*}

¹ Beijing City University, Beijing 100020, China

*** Correspondence:**

Mengmeng Zhang

1836049178@qq.com

Received: 10 December 2025/Accepted: 28 December 2025/Published online: 31 December 2025

Abstract

The modernization of medicine under conditions of technological acceleration, organizational complexity, and heightened social expectations requires medical education to cultivate not only technical competence but also humanistic literacy that sustains ethical judgment, interpretive understanding, and professional identity. Yet discussions of “holistic education” in medicine often remain aspirational or are reduced to curricular additions without a coherent conceptual architecture. This paper proposes a theoretical model of holistic formation for medical students oriented toward medical humanities literacy (MHL). Building on contemporary scholarship on professional identity formation, competence as a multilayered construct, the hidden curriculum, and narrative approaches to medicine, the model conceptualizes MHL as a foundational capability that integrates moral reasoning, narrative understanding, social imagination, and reflexive agency. The study develops a four-layer architecture—normative orientation, epistemic integration, institutional ecology, and developmental evaluation—through which MHL can structure holistic formation without relying on specific pedagogical prescriptions. The paper further clarifies how the model addresses common institutional tensions in medical education, including metric-driven performance cultures, fragmentation of professionalism, and the marginalization of meaning-making capacities. By framing MHL as an organizing principle for whole-person formation, the paper contributes a coherent theoretical foundation for future research and system-level design in medical education.

Keywords: Medical Humanities Literacy; Holistic Formation; Whole-Person Education; Professional Identity Formation; Hidden Curriculum; Competency-Based Medical Education

1. Introduction

1.1. Why “Holistic Formation” Requires a Conceptual Core

The phrase “holistic education” (or “whole-person formation”) has become a prominent ideal in medical education, often invoked in response to concerns about depersonalization, moral distress, and the narrowing of competence to technical performance. Yet as a guiding concept, holism frequently suffers from theoretical under-specification: it is presented as a desirable ethos rather than a structured model of formation with definable components, internal logic, and evaluative implications. Consequently, “holistic” initiatives sometimes remain peripheral, additive, or symbolic—unable to shape the core orientation of medical training in the long term. At the same time, contemporary scholarship emphasizes that medical competence is a multilayered construct rather than a single measurable attribute (ten Cate, 2024). The implication is that forming physicians requires integrating multiple layers of capability: knowledge, judgment, identity, and moral orientation. Similarly, professional identity formation research highlights that “becoming” a physician involves socialization, value internalization, and meaning-making processes that cannot be reduced to behavioral checklists (Reissner, 2024; Varpio, 2025). Moreover, the hidden curriculum literature shows that institutional culture and informal norms shape learners’ moral development at least as powerfully as formal instruction (Parra Larrotta et al., 2025).

Taken together, these developments suggest that the modernization of medical education demands a more robust theory of holistic formation—one capable of specifying what is being formed, how formation coheres across institutional contexts, and how outcomes can be evaluated without collapsing into narrow metrics. This paper argues that medical humanities literacy (MHL) can serve as the conceptual core for such a model. The term “medical humanities” is often associated with curricular modules or enrichment content. This paper, by contrast, theorizes medical humanities literacy as a formative capability that organizes whole-person development. In this framing, MHL is not merely familiarity with humanities content; it is a capacity for ethically and interpretively competent participation in medicine as a human practice. It supports judgment under uncertainty, narrative understanding of illness experience, and reflexive engagement with professional identity.

Accordingly, this paper develops a theoretical “holistic formation model” for medical students oriented toward MHL. Importantly, the model does not prescribe specific classroom methods, course designs, or teaching techniques. Instead, it offers a conceptual architecture and governance logic that can guide system-level design and research across diverse educational settings.

1.2. Defining Medical Humanities Literacy as a Foundational Capability

“Literacy,” in this paper, is used in a strong sense: it refers to the ability to interpret, evaluate, and act within a domain of meaning and practice. Medical humanities literacy thus denotes more than exposure to humanities; it refers to the capacity to engage medicine as a moral, narrative, and social practice—capable of articulating values, interpreting human experience, and sustaining responsibility in complex clinical worlds.

Drawing from narrative medicine scholarship, MHL includes sensitivity to narrative dimensions of illness and care, enabling clinicians to recognize that illness is not only a biomedical event but also a disruption of life meaning and identity (Charon, 2006; Kleinman, 1988). Contemporary narrative medicine research continues to associate narrative approaches with improvements in reflective capacity and professional identity development, even when designs vary widely (Huang, 2024; Li, 2024). While the present paper does not endorse particular interventions, it uses this literature to justify narrative understanding as a central component of MHL. From a bioethical perspective, MHL also includes normative reasoning capacities: the ability to identify morally relevant features of situations, justify decisions with reasons, and manage competing values in a principled manner (Beauchamp & Childress, 2019). Importantly, MHL does not equate ethics with compliance; it emphasizes ethics as judgment in practice.

From a sociocultural perspective, MHL includes social imagination: the ability to situate medicine within social structures, inequalities, and cultural meanings, thereby resisting reductive understandings of health and illness as purely individual phenomena (Daniels, 2008). This dimension aligns with the governance-oriented view that professional competence includes responsiveness to social contexts. Finally, MHL includes reflexive agency: the capacity to examine one's own assumptions, emotional responses, and identity commitments, thereby supporting integrity and resilience in morally complex environments. Recent work on hidden curriculum effects underscores how identity and values are shaped by institutional environments, making reflexive capacity a critical counterbalance (Parra Larrotta et al., 2025). These dimensions allow MHL to function as a foundational capability—a conceptual anchor for holistic formation.

1.3. The Problem of Fragmentation: Why Holism Often Fails Institutionally

Even when institutions endorse “holistic education,” they commonly face structural dynamics that fragment formation goals. Three dynamics are especially salient. First, performance cultures increasingly emphasize measurable outputs and competency checklists. While competency-based medical education has generated valuable clarity about learning outcomes, it also risks over-representing what can be easily measured and under-representing interpretive and moral dimensions of competence (ten Cate, 2024). In such environments, humanistic formation may be rhetorically valued yet structurally marginalized. Second, professionalism can become detached from identity. Professionalism education is frequently framed as behavior regulation—what learners should do—rather than as identity formation—who learners are becoming. Recent systematic reviews suggest that professionalism interventions are diverse and outcomes vary, with sustainability and assessment remaining challenges (Sadeq et al., 2025). This points to the need for a more integrated theoretical framing. Third, the hidden curriculum often contradicts formal ideals. Research synthesizing hidden curriculum effects indicates that informal norms can shape professional identity and ethical attitudes powerfully, sometimes producing adverse effects even when formal curricula promote humanism (Parra Larrotta et al., 2025). Holistic formation therefore cannot be achieved through formal content alone; it requires an integrated model attentive to institutional ecology. These dynamics motivate the need for a holistic formation model that is not merely aspirational, but structurally aware and conceptually coherent.

1.4. A Four-Layer Architecture for Holistic Formation Oriented to MHL

This paper proposes a four-layer architecture through which medical humanities literacy can guide holistic formation:

(1) Normative Orientation Layer: Defines the ends of formation: what kind of physician is being cultivated, and which values organize the meaning of competence. This layer frames medicine as a moral practice and anchors MHL as an orienting capability.

(2) Epistemic Integration Layer: Specifies how scientific reasoning, clinical judgment, narrative understanding, and ethical reasoning relate within professional competence. This layer addresses fragmentation by conceptualizing competence as multilayered (ten Cate, 2024).

(3) Institutional Ecology Layer: Accounts for the influence of organizational culture, hidden curriculum, and socialization processes on identity and values (Parra Larrotta et al., 2025). This layer treats formation as an ecological process rather than merely an individual achievement.

(4) Developmental Evaluation Layer: Clarifies how growth in MHL and holistic formation can be recognized and assessed without reducing formation to narrow metrics. This layer draws conceptually on contemporary critiques of simplistic measurement cultures while maintaining evaluative rigor.

2. Normative Orientation and Epistemic Integration in a Medical Humanities Literacy–Oriented Holistic Formation Model

2.1. Holistic Formation as a Normatively Oriented Process

A defining feature of holistic formation is that it is irreducibly normative. To speak of “forming” a medical professional is not merely to describe the accumulation of skills or competencies, but to imply a direction of development—a conception of what kind of person the learner is becoming. Without a clear normative orientation, holistic education risks devolving into a loose aggregation of desirable traits lacking internal coherence. In medical education, normative orientation has often been implicit rather than explicit. Professional values such as compassion, responsibility, and respect for persons are widely endorsed, yet they are frequently treated as background ideals rather than as organizing principles of formation. As a result, these values may remain rhetorically powerful but structurally weak, especially in environments dominated by performance metrics and technical benchmarks.

A medical humanities literacy–oriented model addresses this problem by placing normative orientation at the core of holistic formation. In this model, the fundamental aim of medical education is not simply to produce technically proficient practitioners, but to cultivate professionals capable of ethically and interpretively responsible participation in medicine as a human practice. This orientation frames medicine as an activity intrinsically concerned with human meaning, moral judgment, and social responsibility, rather than as a purely instrumental enterprise. Medical humanities literacy provides the conceptual vocabulary through which this normative orientation can be articulated. It foregrounds questions such as: What does it mean to

act responsibly under clinical uncertainty? How should competing values be weighed in situations of moral conflict? What obligations do physicians have toward patients as persons embedded in social and cultural contexts? By anchoring holistic formation in such questions, MHL supplies a normative compass that guides the integration of diverse educational aims.

2.2. Medical Humanities Literacy as an Integrative Capability Structure

A central claim of this paper is that medical humanities literacy should be understood not as a discrete domain of knowledge, but as an integrative capability structure. Unlike narrowly defined competencies, which can often be specified in behavioral terms, MHL operates across multiple dimensions of professional practice and cognition. This integrative structure can be analytically described through four interrelated dimensions:

(1) **Moral Reasoning and Ethical Judgment.** MHL includes the capacity to recognize ethically salient features of clinical and public health situations, articulate moral reasons, and justify decisions in the face of competing values. Importantly, this dimension emphasizes judgment rather than rule-following. Ethical competence, in this sense, involves practical wisdom—the ability to deliberate responsibly under conditions of uncertainty (Beauchamp & Childress, 2019).

(2) **Narrative and Interpretive Understanding.** Medicine is practiced in narrative contexts: patients present stories, clinicians interpret trajectories, and institutions frame experiences through dominant narratives. MHL entails the ability to interpret these narratives critically and empathetically, recognizing how illness disrupts identity, meaning, and social roles (Charon, 2006; Kleinman, 1988). This interpretive dimension enables clinicians to respond to patients as whole persons rather than as collections of symptoms.

(3) **Social Imagination and Contextual Awareness.** Holistic formation requires sensitivity to the social determinants of health, structural inequality, and cultural diversity. MHL supports this sensitivity by cultivating social imagination—the ability to situate individual clinical encounters within broader social and institutional contexts. This dimension aligns medical practice with commitments to justice and equity without reducing ethics to abstract principles (Daniels, 2008).

(4) **Reflexive Agency and Identity Work.** MHL encompasses reflexive capacity: the ability to examine one's own assumptions, emotional responses, and evolving professional identity. This dimension is especially important in light of research on the hidden curriculum, which demonstrates how institutional norms shape identity in ways that may conflict with formal values (Parra Larrotta et al., 2025). Reflexive agency enables learners to engage critically with these influences rather than internalizing them unexamined.

Taken together, these dimensions illustrate how MHL functions as a connective tissue linking ethical reasoning, narrative understanding, social awareness, and identity formation. It is this integrative quality that makes MHL particularly suitable as a foundation for holistic formation.

2.3. Epistemic Integration: Bridging Scientific Knowledge and Humanistic Understanding

One of the persistent challenges in medical education is epistemic fragmentation. Scientific knowledge, clinical skills, ethics, and communication are often treated as parallel domains, each assessed and developed separately. While such differentiation has organizational advantages, it

can obscure the ways in which these forms of knowledge interact in real-world practice. An MHL-oriented holistic formation model addresses this challenge by emphasizing epistemic integration. Rather than positioning humanistic understanding as an adjunct to biomedical science, the model conceptualizes scientific reasoning and humanistic interpretation as mutually informing dimensions of competent practice. Contemporary scholarship on competence increasingly recognizes that professional expertise involves layered forms of knowing, including propositional knowledge (“knowing that”), procedural skill (“knowing how”), and practical judgment (“knowing when and why”) (ten Cate, 2024). Medical humanities literacy primarily supports this third layer by enabling clinicians to interpret scientific information within ethically and socially meaningful contexts. For example, evidence-based guidelines provide population-level knowledge, but their application to individual patients requires interpretive judgment that takes into account values, preferences, and life circumstances. MHL supplies the epistemic resources for such interpretation, ensuring that scientific knowledge is neither uncritically applied nor ethically detached.

2.4. Normative Coherence and the Avoidance of Instrumentalization

A further advantage of grounding holistic formation in MHL lies in its resistance to instrumentalization. In some educational frameworks, humanistic qualities are justified primarily in terms of their instrumental benefits—such as improved patient satisfaction or reduced burnout. While these outcomes are valuable, an exclusively instrumental rationale risks undermining the intrinsic ethical significance of humanistic formation. By contrast, an MHL-oriented model emphasizes normative coherence. Humanistic capacities are valued not only because they produce desirable outcomes, but because they are constitutive of good medical practice. This distinction is critical for sustaining the moral integrity of holistic formation, particularly in institutional contexts dominated by efficiency and performance metrics. Normative coherence also supports professional identity formation. When learners perceive that humanistic values are integral to what it means to be a good physician—rather than optional enhancements—they are more likely to integrate these values into their self-conception. Recent research on professional identity formation underscores the importance of such coherence between institutional values and learner experience (Reissner, 2024; Varpio, 2025).

2.5 Holistic Formation as a Developmental, Not Additive, Process

The MHL-oriented model conceptualizes holistic formation as a developmental process rather than an additive one. Humanistic literacy is not “added on” to technical competence at discrete moments; it evolves through continuous interaction with clinical experience, institutional culture, and personal reflection. This developmental view aligns with contemporary critiques of checklist-driven education, which caution against equating competence with the accumulation of discrete behaviors (ten Cate, 2024). Instead, holistic formation involves the gradual integration of knowledge, values, and identity over time. MHL provides a unifying framework for understanding this integration, allowing diverse learning experiences to contribute to a coherent developmental trajectory.

3. Institutional Ecology and Developmental Evaluation in MHL-Oriented Holistic Formation

3.1. Holistic Formation within an Institutional Ecology

A central insight of contemporary medical education research is that professional formation does not occur in a pedagogical vacuum. Learners are shaped not only by formal curricula, but by a complex institutional ecology composed of organizational norms, evaluation regimes, professional hierarchies, and informal cultural expectations. Any holistic formation model that neglects this ecology risks remaining aspirational rather than effective.

An MHL-oriented holistic formation model explicitly situates formation within this institutional ecology. Rather than assuming that values, identity, and judgment can be transmitted through isolated educational experiences, the model recognizes that medical humanities literacy develops through sustained interaction with institutional environments. These environments communicate powerful messages—often implicitly—about what is valued, rewarded, and expected in medical practice.

Research on the hidden curriculum has consistently shown that learners internalize norms related to efficiency, emotional distance, and performance prioritization, sometimes in tension with formally articulated humanistic ideals (Hafferty, 1998; Parra Larrotta et al., 2025). An institutional ecology perspective therefore treats holistic formation as an emergent property of the system rather than a discrete educational outcome.

In this framework, medical humanities literacy functions as a critical interpretive resource. It enables learners to recognize, interpret, and critically engage with institutional norms rather than absorbing them unreflectively. Holistic formation is thus not only about internalizing values, but about developing the capacity to navigate and, where appropriate, resist institutional pressures that undermine ethical and humanistic commitments.

3.2. The Hidden Curriculum as a Site of Moral and Identity Formation

The hidden curriculum represents one of the most influential dimensions of institutional ecology. It encompasses the informal rules, tacit expectations, and cultural signals that shape professional identity and moral orientation. Empirical syntheses in recent years have emphasized that the hidden curriculum exerts cumulative effects on learners' sense of self, ethical sensitivity, and emotional stance toward patients (Parra Larrotta et al., 2025). Within an MHL-oriented model, the hidden curriculum is not treated merely as a problem to be eliminated. Instead, it is recognized as an inevitable feature of complex institutions. The key theoretical question becomes how learners are equipped to interpret and respond to it.

Medical humanities literacy supports this capacity through reflexive agency. By cultivating narrative understanding, ethical reasoning, and social imagination, MHL enables learners to identify tensions between formal ideals and lived institutional practices. This reflexivity allows learners to maintain normative orientation even when institutional signals are ambiguous or conflicting. From a theoretical standpoint, this reframes holistic formation as a dialogical process: learners are not passive recipients of institutional culture, but active interpreters who negotiate

meaning and identity over time. Such a conception aligns with contemporary views of professional identity formation as dynamic, contested, and socially situated (Reissner, 2024; Varpio, 2025).

3.3. Institutional Coherence and Value Alignment

For holistic formation to be sustainable, there must be a degree of coherence between institutional values and formation goals. Fragmentation occurs when humanistic ideals are affirmed rhetorically but contradicted by evaluation systems, promotion criteria, or organizational incentives. An MHL-oriented model highlights the importance of value alignment across institutional layers. While this paper does not prescribe specific governance reforms, it emphasizes that holistic formation depends on whether institutional practices signal that humanistic literacy is integral to professional excellence rather than an optional supplement.

This emphasis reflects broader critiques of metric-driven cultures in higher education and healthcare, which caution that excessive reliance on quantifiable indicators can crowd out interpretive and moral dimensions of practice (Muller, 2018). In such environments, holistic formation risks being subordinated to performance optimization. By conceptualizing MHL as foundational rather than peripheral, the model provides a normative framework for evaluating institutional coherence. It enables scholars and policymakers to ask whether institutional ecologies support or undermine the development of ethically grounded, reflexive professionals.

3.4. Developmental Evaluation: Moving beyond Reductionist Metrics

Evaluation poses one of the most challenging theoretical issues for holistic formation. Traditional assessment systems favor observable behaviors and standardized outcomes, which are poorly suited to capturing growth in moral reasoning, narrative competence, or reflexive agency. An MHL-oriented model therefore adopts a developmental conception of evaluation. Rather than seeking to measure humanistic literacy as a static attribute, it conceptualizes evaluation as the recognition of trajectories of growth over time. This approach aligns with recent critiques of reductionist assessment in competency-based medical education (ten Cate, 2024).

From a theoretical perspective, developmental evaluation focuses on patterns of reasoning, interpretive capacity, and identity coherence rather than isolated performances. It acknowledges that humanistic formation is non-linear, context-dependent, and deeply intertwined with experience. Importantly, developmental evaluation does not imply the absence of rigor. Instead, it requires conceptual clarity about what counts as evidence of growth. Such evidence may include consistency of ethical reasoning across contexts, increasing sophistication in narrative interpretation, or demonstrated capacity for reflexive self-assessment. These are theoretically articulable indicators, even if they resist simple quantification.

3.5. Research Implications: Studying Holistic Formation without Instrumental Reduction

The MHL-oriented holistic formation model also carries implications for educational research. Studying holistic formation requires methodologies that respect complexity and avoid instrumental reduction. Overreliance on short-term outcome measures risks misrepresenting the nature of humanistic development. Recent methodological discussions emphasize the value of

longitudinal, mixed-method, and interpretive approaches for studying professional identity formation and moral development (Varpio, 2025). While this paper does not prescribe specific research designs, it underscores the importance of aligning research epistemology with the conceptual nature of holistic formation.

Medical humanities literacy provides a theoretical lens through which such research can be coherently organized. It offers a stable conceptual reference point that allows diverse forms of evidence—qualitative narratives, reflective accounts, and longitudinal patterns—to be interpreted within a unified framework.

3.6. Holistic Formation as Institutional Responsibility

A final implication of the institutional ecology perspective is that holistic formation cannot be treated solely as an individual responsibility. While learners play an active role in their own development, institutions bear responsibility for creating environments that support or hinder such development. An MHL-oriented model reframes holistic formation as a shared institutional project. It emphasizes that cultivating ethically grounded, reflective physicians requires sustained attention to organizational culture, governance priorities, and evaluative logics. Medical humanities literacy thus functions not only as a learner attribute, but as a criterion for institutional self-assessment.

4. Conclusion and Theoretical Contributions

4.1. Reframing Holistic Formation through Medical Humanities Literacy

This paper has argued that calls for “holistic” or “whole-person” education in medicine require a clearer conceptual core if they are to move beyond aspirational rhetoric. In response, it has proposed medical humanities literacy (MHL) as a foundational capability around which a coherent model of holistic formation for medical students can be organized. Rather than treating medical humanities as an auxiliary domain or curricular supplement, the paper reconceptualizes MHL as an integrative orientation that structures moral reasoning, narrative understanding, social imagination, and reflexive agency. By framing holistic formation as a normatively oriented and developmentally integrated process, the model addresses a central weakness in existing discourse: the tendency to describe desirable outcomes without specifying the internal logic that binds them together. MHL provides such logic by grounding whole-person formation in the capacities required for ethically and interpretively responsible participation in medicine as a human practice.

4.2. Theoretical Contributions to Medical Education Scholarship

This study contributes to medical education theory in several important ways.

First, it advances a capability-based rather than content-based understanding of medical humanities. By emphasizing literacy rather than exposure, the model shifts attention from what is taught to what kind of professional agency is being formed. This move aligns with contemporary critiques of checklist-driven competence frameworks and responds to calls for deeper integration of identity, judgment, and values in medical education theory (ten Cate, 2024).

Second, the paper offers a four-layer theoretical architecture—normative orientation, epistemic integration, institutional ecology, and developmental evaluation—that clarifies how holistic formation can be conceptualized without prescribing specific pedagogical methods. This architecture enables scholars to analyze formation at multiple levels simultaneously, avoiding reduction either to individual traits or to isolated institutional factors.

Third, by foregrounding institutional ecology and the hidden curriculum, the model integrates insights from professional identity formation research into a broader theory of holistic education. Rather than treating institutional culture as an external constraint, the paper positions it as a constitutive environment in which MHL develops through interpretation and reflexivity. This perspective contributes to ongoing debates about how values and identities are shaped in medical training environments (Varpio, 2025).

Fourth, the study provides a theoretically defensible account of evaluation that resists instrumental reduction. By conceptualizing evaluation as developmental recognition rather than metric extraction, it offers a framework for discussing assessment rigor without collapsing humanistic formation into narrow performance indicators. This contribution is particularly relevant in the context of ongoing tensions surrounding competency-based medical education and assessment cultures.

4.3. Relationship to Existing Frameworks

The MHL-oriented holistic formation model does not reject existing educational paradigms such as competency-based medical education, professionalism frameworks, or virtues-based approaches. Instead, it seeks to reframe and integrate them within a broader normative architecture. Competency frameworks are retained as important tools for structuring learning expectations, but are situated within an epistemic hierarchy that recognizes judgment and interpretation as higher-order integrative capacities. Professionalism is reconceptualized not primarily as behavioral compliance, but as identity work sustained through moral reasoning and reflexive engagement. Virtue ethics contributes to the moral vocabulary of the model, but is complemented by narrative and sociocultural perspectives that account for institutional and contextual complexity. In this sense, the proposed model functions as a theoretical meta-framework rather than a competing doctrine. Its value lies in its capacity to organize diverse strands of medical education theory around a coherent conception of humanistic literacy.

4.4. Implications for Future Research

As a theoretical study, this paper does not propose specific educational interventions or institutional reforms. However, it generates several important directions for future research.

First, empirical studies of medical education may benefit from using MHL as an analytic lens for examining professional formation across time and contexts. Longitudinal and mixed-method research designs are particularly well suited to exploring how narrative competence, moral reasoning, and reflexive agency co-develop within institutional ecologies.

Second, further theoretical work is needed to refine the conceptual boundaries and indicators of medical humanities literacy. While this paper has articulated core dimensions, ongoing

scholarship can deepen understanding of how these dimensions interact and evolve in different cultural and institutional settings.

Third, comparative research across national and institutional contexts may explore how different governance and evaluation regimes shape the conditions under which holistic formation is supported or constrained. Such work would contribute to a more globally informed theory of medical education modernization.

4.5. Final Reflections

The pressures facing contemporary medicine—technological acceleration, moral complexity, and social expectation—make whole-person formation not a luxury, but a necessity. Yet holistic education can only fulfill this role if it is grounded in a robust conceptual framework that clarifies what is being formed and why. By proposing medical humanities literacy as an organizing principle for holistic formation, this paper offers a theoretical foundation for rethinking medical education in humanistic terms without abandoning rigor, structure, or evaluative responsibility. In doing so, it affirms that the cultivation of ethically grounded, interpretively capable physicians remains central to the future of medicine as a human practice.

Author Contributions:

All authors have read and agreed to the published version of the manuscript.

Funding:

This research received no external funding.

Institutional Review Board Statement:

Not applicable.

Informed Consent Statement:

Not applicable.

Data Availability Statement:

Not applicable.

Conflict of Interest:

The authors declare no conflict of interest.

References

- Beauchamp, T. L., & Childress, J. F. (2019). *Principles of biomedical ethics* (8th ed.). Oxford University Press.
- Charon, R. (2006). *Narrative medicine: Honoring the stories of illness*. Oxford University Press.
- Daniels, N. (2008). *Just health: Meeting health needs fairly*. Cambridge University Press.

- Hafferty, F. W. (1998). Beyond curriculum reform: Confronting medicine's hidden curriculum. *Academic Medicine*, 73(4), 403–407.
- Huang, X. (2024). Narrative competence and professional identity formation in medical education: A systematic review. *Medical Education*, 58(3), 215–228.
- Kleinman, A. (1988). *The illness narratives: Suffering, healing, and the human condition*. Basic Books.
- Li, Y. (2024). Narrative approaches and reflective capacity in undergraduate medical education: A scoping review. *BMC Medical Education*, 24, 312.
- Muller, J. Z. (2018). *The tyranny of metrics*. Princeton University Press.
- Parra Larrotta, C., O'Brien, B. C., Irby, D. M., & Cooke, M. (2025). The hidden curriculum and professional identity formation in medical education: A meta-synthesis. *Academic Medicine*, 100(2), 245–254.
- Reissner, L. (2024). Professional identity formation revisited: Conceptual clarity and future directions. *Medical Education*, 58(1), 12–21.
- Sadeq, M., Al-Haddad, S., & Ginsburg, S. (2025). Teaching and assessing professionalism in undergraduate medical education: An updated systematic review. *Medical Teacher*, 47(1), 34–45.
- ten Cate, O. (2024). Reframing competence: Integrating judgment, identity, and values in medical education. *Medical Education*, 58(5), 401–410.
- Varpio, L. (2025). Researching professional identity formation: Methodological challenges and opportunities. *Advances in Health Sciences Education*, 30(1), 1–15.

License: Copyright (c) 2025 Author.

All articles published in this journal are licensed under the Creative Commons Attribution 4.0 International License (CC BY 4.0). This license permits unrestricted use, distribution, and reproduction in any medium, provided the original author(s) and source are properly credited. Authors retain copyright of their work, and readers are free to copy, share, adapt, and build upon the material for any purpose, including commercial use, as long as appropriate attribution is given.